

Region III
Policy Manual
2009–2010

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Region III Board of Managers

Bingham High School 801-256-5100 (fax) 801-256-5151

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2160 West 10400 South
South Jordan, Utah 84095
ATHLETIC DIRECTOR: Brad Bevan 801-680-0167

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5445 West New Bingham Hwy
West Jordan, Utah 84088
ATHLETIC DIRECTOR: Brad Tingey

Herriman Building New High School 801-567-8400 TBA

Steve Park

Kearns High School 385-646-5380 (fax) 385-646-5382

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5525 South 4800 West
Kearns, Utah 84118
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Riverton High School 801-256-5800 (fax) 801-256-5880

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12476 South 2700 West
Riverton, Utah 84065
ATHLETIC DIRECTOR: Gordon Hinckley 801-231-9287

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Taylorsville, UT 84123
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West Jordan High School 801-256-5600 (fax) 801-256-5670

Paul Argyle
8136 South 2700 West
West Jordan, Utah 84088
ATHLETIC DIRECTOR: Dan Cowan 801-556-2787

Coaches' Representatives

Baseball	Dave Ballard	Kearns	801-931-7983
Basketball (Boys)	Scott Briggs	West Jordan	801-381-3009
Basketball (Girls)	Carlson Boudreaux	West Jordan	801-592-5569
Cheerleading	Jamie Nordberg	Bingham	801-541-9887
Cross Country	Jeff Arbogast	Bingham	801-255-6231
Drama	Clin Eaton	Riverton	801-368-8736
Drill	Alisha Lamb-Staggs	Taylorsville	801-879-5520
Football	Mike Miller	Riverton	801-651-5473
Forensics/Debate	Cody Henrichsen	Riverton	801-808-2905
Boys Golf	Brad Bevan	Bingham	801-680-0167
Girls Golf	Mike Booth	Copper Hills	801-809-9056
Music (Instrumental)	James Thompson	Bingham	801-671-4690
Music (Vocal)	James Thompson	Bingham	801-671-4690
Soccer (Boys & Girls)	Don Knapp	Kearns	801-400-5280
Softball	Emily Bateman	Riverton	801-864-4747
Swimming	Chris Horne,	Kearns High	801-808-2613
Tennis (Boys & Girls)	Dave Davis	Bingham	801-660-7566
Track & Field	Robert Duncan	Bingham	
Volleyball	Trudy Pecorelli	Riverton	801-244-0125
Wrestling	Dave VandeVeegaete	Taylorsville	801-633-7448

Region III 2009-2010 Chairpersons

Activity	School	Chair	E-mail address
Baseball	Kearns	Steve Hess	skhess@graniteschools.org
Basketball Boys	Copper Hills	Todd Quarnberg	todd.quarnberg@jordan.k12.ut.us
Basketball Girls	Bingham	Mike Andersen	michael.andersen@jordan.k12.ut.us
Cross Country	Taylorville	Fred Crawford	fccrawford@graniteschools.org
Cheerleading	Copper Hills	Bryan Leggat	bryan.leggat@jordan.k12.ut.us
Drama	Riverton	Rufine Einzinger	rufine.einzinger@jordan.k12.ut.us
Drill	Taylorville	Jerry Haslam	jdhaslam@graniteschools.org
Football	Riverton	Stephen Park	stephen.park@Jordan.k12.ut.us
Forensics/Debate	Bingham	Dennis Edmonds	dennis.edmonds@Jordan.k12.ut.us
Boys and Girls Golf	West Jordan	Paul Argyle	paul.argyle@jordan.k12.ut.us
Music-Instrumental	Bingham	Rich Price	richard.price@jordan.k12.ut.us
Music-Vocal	Bingham	Rich Price	richard.price@jordan.k12.ut.us
Soccer Boys	Riverton	Curtis Hagen	curtis.hagen@jordan.k12.ut.us
Soccer Girls	Kearns	Waisea Lesuma	wmlesuma@graniteschools.org
Softball	Taylorville	Camilla Dean	cdean@graniteschools.org
Swimming	Riverton	Brad Sorensen	brad.sorensen@jordan.k12.ut.us
Tennis-Boys	Copper Hills	Michael Hughes	michael.hughes@jordan.k12.ut.us
Tennis-Girls	West Jordan	Dave Tilby	david.tilby@jordan.k12.ut.us
Track	Kearns	John Anderson	john.anderson@granite.org
	Kearns	Howard Sagers	howard.sagers@granite.org
Volleyball	Taylorville	Rod Horton	rshorton@graniteschools.org
Wrestling	West Jordan	James Birch	james.birch@jordan.k12.ut.us
	West Jordan	Michael Kochevar	michael.kochevar@jordan.k12.us.us

Region III General Policies 2009-2010

I. **ADMISSION FEES and TICKETS**

- A. \$4.00 Visiting high school students with activity card and other school age children.
- B. \$5.00 Adults and high school students without activity card.
- C. \$20.00 Family Pass—family members within the immediate household (limit 6).
- D. Free Admission:
 - Home team students with activity cards—region games only.
 - Staff members of Region III schools with Region III passes and persons with UHSAA passes.
 - Senior Citizens (62 or over).
 - Cheerleaders, Pep Club, and Drill Team members in uniform.
 - Student officers in school sweaters and with SBO passes.
 - Children under school age.
- E. Tickets will be sold at Varsity Football, Boys' Basketball and Girls' Basketball games.
- F. Tickets will be sold through at least three (3) quarters of the varsity activity.
 - Admission Fee Schedule will apply.
 - Ticket sales will begin:
 - Football: 1 hour before varsity starting time
 - Basketball: 15 minutes prior to the start of the first game.
- G. Tickets will be sold at Region Tournaments in swimming, wrestling, track, and drill team.
- H. Admission will be charged at all State Playoff games as per UHSAA guidelines.

II. **SUPERVISION of REGION ACTIVITIES, TOURNAMENTS and MEETS**

Any school hosting a Region Tournament, dual competition or activity is responsible for providing adequate administrative supervision of the activity. Although it is the responsibility of the chairperson of each individual activity to see that Region Tournaments and Meets are planned and well organized, it is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairperson, there should be a clear understanding between the activity chairperson and the host principal regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Region Chairs will not be compensated for time to administrate their region activity assignment. *(revised 2/25/09)*

III. **ACCOMMODATIONS for VISITING TEAMS**

All dressing room facilities must be left in a clean and orderly manner. Visiting teams must bring their own towels. The visiting head coach will check facilities prior to departure of the visiting team. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school or Athletic Director.

IV. OFFICIALS

Any misconduct of officials, including failure to show, or tardiness is to be reported to the home school's AD/Administration. A detailed report including names and improper conduct shall be submitted in writing to the Region III Board of Managers, the UHSAA office, and the arbiter involved. The host school should show the referees where the dressing rooms are located.

V. **ACADEMIC ELIGIBILITY:** (By-Laws: Article I; Section 1 a-d; Section 7, Section 8; Interpretations/Guidelines: #4 - #7 inclusive)

To participate in any UHSAA Region III or State interscholastic competition, an individual must be a full-time student in the school at which he/she has established eligibility. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or Region III activities in the succeeding grading period. Incompletes are computed as F's for eligibility.

- A. No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with Varsity, Junior Varsity, Sophomore or Freshman teams.
- B. Eligibility under this rule is determined when grades are posted. Grades are "posted" when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than 5 school days following the last day of the grading period. Grade changes after that time cannot restore lost eligibility, except for a documented clerical error.
- C. An incomplete (I), no grade (NG), or no credit (NC) is considered a failure until the grade is made up.
- D. The final grading period is defined as the date report cards are posted by the school for the last grading period of the school year.
- E. A student enters high school when he/she enters the 9th grade regardless of whether the 9th grade is in the high school or a separate junior high school. This means that all 9th or 10th grade students must not have failed more than one class the previous grading period and have a GPA 2.0 or higher.
- F. The word "represent" shall be as defined below. Any violator of the Scholastic Eligibility Bylaw shall not:
 - Be in uniform on competition night.
 - Warm-up with the team.
 - Sit on the bench with the team.
 - Be listed on the program roster.
 - Be introduced as a member of the team.
 - The above student/participant may, however continue to practice with his/her team upon approval of school administration. TA letter grades with the exception of failing grades will not be calculated as a part of a student's GPA in determining eligibility. It is recommended that in considering makeup credit for academic eligibility, a required course must be made up with a similar required course. Elective courses may be made up with other elective or required courses.
- G. A student who has failed to meet the minimum requirements set forth shall be ineligible for participation in UHSAA activities throughout the next grading period, provided, however, that deficiencies in the final grading period of the school year may be made up prior to the first term of the succeeding year by any method acceptable to the school district or the member private school.

Deficiencies must be made up in the same subject area. Deficiencies for purposes of this rule include any letter grade. No other make up work is accepted to gain academic eligibility during the school year.

VI. **POLICIES RELATING to COACH and STUDENT BEHAVIOR in Region III Activities**

A. **Sportsmanship** (UHSAA Section 24 of Interpretations/Guidelines)

1. Administrators, teachers, coaches, and all participants, should emphasize sportsmanship in all preseason, region, or state competitions.
2. Unsportsmanlike behavior policy:
Any coach, player or bench personnel ejected for unsportsmanlike behavior shall be suspended from the next regularly scheduled game at that level of play (Varsity, J.V., etc.) and any intervening levels of play.
Examples:
 - If ejected from a J.V. game, player or coach cannot participate in the following Varsity game nor the next J.V. game.
 - If ejected from a Varsity game, player or coach cannot participate in the following J.V., nor the next Varsity game.
 - If the coach or participant is involved in a second incident/ejection, he/she will be suspended for the next two (2) regularly scheduled games.
 - A third ejection would result in suspension for the remainder of that season. Ejection occurring on the final game of the season will carry over for all underclassman or coach to the first game of the succeeding season in that sport.
 - If a player or coach is ejected from a contest for fighting, or other violent behavior, that player or coach shall be suspended for not fewer than two (2) regularly scheduled games or contests at that level of play. In addition the incident shall be reported to the school, district, and UHSAA which may impose additional penalties consistent with the school's disciplinary policies.

B. **Bands and Drums**

1. Pep band will be provided by the host school only. Exceptions only by mutual agreement. During basketball games, pep bands are to play during regulation time-outs, quarters and half-times only. Advisors must be present at all times.
2. Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club's marching activities. Drums are not to be used indiscriminately as noisemakers.

C. **Cheerleaders/Mascots Conduct:**

Cheerleaders will follow all guidelines listed in the General Policies of the Region III Manual and those stated in the Cheerleading Policies.

D. **Permitted Student and Spectator Conduct:**

1. Other than authorized spirit groups (cheerleaders, drill team) no spectators will be allowed on the sidelines, field or floor during game time, quarters, or half-time, or pre-game. Students will not sit on the front row of the bleachers during the game.
2. The throwing of any objects, including confetti, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
3. In the chart, only those items marked "YES" will be allowed as

fan/spectator sport items at all region contests. It is recommended that schools follow these regulations during the regular season and in Region Tournaments. Sportsmanlike vocal cheering and support from each bench are always encouraged.

The items indicated on this chart are guidelines for spectators.

	Baseball	Basketball	Cross Country	Drill Team	Football	Golf	Soccer	Softball	Swimming	Tennis	Track & Field	Volleyball	Wrestling
Wall banners except for welcome or corporate sponsors	N	N	N	N	N	N	N	N	N	N	N	N	N
Confetti/shredded paper	N	N	N	N	N	N	N	N	N	N	N	N	N
Hand-held signs of any size	N	N	N	N	N	N	N	N	N	N	N	N	N
Laser light/pointer	N	N	N	N	N	N	N	N	N	N	N	N	N
Miniature sports balls thrown into crowd	N	N	N	N	N	N	N	N	N	N	N	N	N
Megaphones	Y	N	Y	N	Y	N	Y	Y	N	N	Y	N	N
Artificial noise makers (horns, cowbells, bells, buzzers, clickers)	N	N	Y	N	Y	N	Y	N	N	N	N	N	N
Whistles	N	N	N	N	N	N	N	N	N	N	N	N	N
Shirts on fans	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Pom-poms, shakers, spirit towels	Y	N	Y	N	Y	Y	Y	Y	N	Y	Y	N	N
Recorded music over PA w/approval only	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
School bands	N	Y	N	N	Y	N	N	N	N	N	N	N	N
Air horns/sirens	N	N	N	N	N	N	N	N	N	N	N	N	N

E. Region III Sportsmanship Code of Conduct:

(This statement should be read prior to every region event)

Ladies and Gentlemen, Region III and the Granite and Jordan School Districts are proud to sponsor this game (event) today between _____ and _____ high schools. It is our mission to encourage the highest in athletic and sportsmanship standards. All players, coaches, students and other spectators are expected to be courteous to their opponents, their fans and their cheerleaders. To be respectful of officials' decisions and to display appreciation for good performance regardless of the team. A region sportsmanship trophy will be presented at the close of this school year to the school that is judged to be most gracious in both victory and defeat. Enjoy the game (event) and represent your school with dignity."

F. Pre-Game, Half-Time and Post-Game Activities

1. The game announcer is an official of the game and is to announce the game in a neutral manner. His or her purpose is not to influence or incite the crowd.
2. The starting line-up may be introduced prior to the activity. A well-planned flag ceremony should be presented.
 - All activity should come to a halt immediately when the flag ceremony begins. Headgear should be removed. Activity should remain suspended until the flag ceremony is over.
 - The announcer should call everyone to attention as the flag enters the arena.
 - All tickets and concession sales should cease. No one should be admitted during the flag ceremony. The doors should be closed where possible.
3. Football half-time: Host performing group has 10 minutes which includes time to get on and off the field.
 - Exceptions can be made by mutual agreement for special occasions.
 - Any exception to the time limit must be approved by the visiting team administration one (1) week in advance.
4. Basketball half-time: Maximum of seven (7) minutes for half-time entertainment which includes time to get on and off the floor.
 - Exceptions: (Same as Football).
5. Parades involving floats are not allowed during the time both schools are present.
6. A supervisor must be present when student groups perform.
7. Coaches are responsible for the conduct of their athletes. No team or individual activity will be conducted that could belittle or humiliate opponents, including organized post-game demonstrations on any floor or field. Infractions will be referred to the Region III Board of Managers for disciplinary action.
8. Any senior recognition at end of season cannot delay start of game. **Recognitions are limited to 10 minutes and must be mutually agreed upon by the visiting school.** Violations will be referred to the Region III Board of Managers for possible sanctions.

G. Banners and Signs

1. No negative banner or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
2. A sign of a positive nature for the home teams to run through will be allowed.
3. Each School may hang one (1) school banner at the Region Championship Meet; the maximum size for this banner being 5' X 8'. No other signs or banners will be allowed at the Region site.
4. No banners or signs are allowed at any State competition site.

H. Change of Time and Date

1. A change of time of an activity may be effected through mutual agreement of both schools (coach, principal and athletic director). The host school must notify the arbiter of the change in time for him to notify the officials.
2. The host Region III school changing a game outside of Region III must also notify other Region III schools. All officials (Varsity, J.V., Sophomore) will be arbitred by UHSAA. Call changes to UHSAA offices.

3. A change of date must be approved by the Board of Managers after a mutual agreement is reached between schools concerned.
4. All costs associated with changing the time and date of a contest will be incurred by the school requesting the change. Both schools are to agree to the change before a change can occur.

I. **Game Starting Times and Participant Regulations**

No sports activity may begin before 3:30 p.m. on a school day. However, Varsity football may not start before 4:00 p.m. through October 1, thereafter, games may start at 3:30 p.m.

J. **Ties of Standings** (For all Athletic Activities except Drill Team)

1. In the event of a tie between teams qualified for state tournament positions, the seed will be determined by the win/loss records in region play of the teams involved in the tie (head to head among tied teams).
2. If the tie still exists, the seed will be determined by comparing each team's record against the team with the highest region finish or next highest, etc. until the tie is resolved.
3. Once a team has been awarded a seed they are no longer part of the tie-breaking scenario. After this process, if only two teams remain the remaining two teams will be seeded based on head to head competition. If a tie still exists, a coin flip will be conducted under the direction of the Region Activity Chairperson. In the event of multiple teams tied that cannot be resolved as described above, all teams will flip coins with the team flipping the "odd coin" receiving the higher seed. The coin flip procedure will only be used as a last resort.
4. In the event of multiple teams tied for fewer playoff berths than teams tied, the tie-breaking procedure as described above will be used until only two teams remain. The final two teams will playoff in a game to determine entry into the State Tournament.
5. If multiple teams tie for one playoff spot, all teams will play in a format that best suits the specific sport. *Refer to the individual sport for multiple team playoff guidelines and procedures.*
6. In the event that the above process fails to resolve a tie, region principals will convene for the purpose of a coin flip to determine seed. The winner of the coin flip will take the higher seed.

NO TIED TEAM WILL BE ELIMINATED FROM STATE PLAYOFF PARTICIPATION WITHOUT THE OPPORTUNITY OF A PLAYOFF GAME.

K. **Moratorium**

\$300.00 fine, not to be paid by the school, may be assessed to the coach of any sport which is in violation of designated moratorium/dead times days. (Reference the UHSAA calendar.) The building principal will be responsible for any sanctions.

L. **Seeding meetings or other meetings**

Reimbursement expenses for region meetings or other activities may not exceed \$10.00 per person, one representative per school and only one meeting per year. Expenditures above this limit must have prior approval by the Region Board of Managers.

M. Number of Games

Teams which exceed the number of games allowed in any season will forfeit from their region schedule the number of games exceeding the limit, beginning with game number one and proceeding on until the excess number is equaled.

N. Failure to Participate

The failure of a team to participate in a scheduled contest without prior mutual consent and board approval at all levels, including Varsity, J.V., Sophomore, etc., will result in a fine of \$100 payable to the Region Board plus reimbursement for the cost of any officials.

O. Duties of Region Chairpersons

1. Conduct all meetings pertinent to respective activity.
2. Coordinate and manage all region competitions and tournaments of respective activity.
3. Select and honor respective All-Region teams where applicable.
4. Be direct liaison to Region Board of Managers
5. Be responsible for all awards, trophies, medals, etc. pertinent to respective activity.

P. Undue Influence Rule, violation

1. If there is clear evidence that a coach has violated the Undue Influence Rule of the By-Laws section 9 of the UHSAA Manual, he/she will appear before the Region Board of Managers and may, under the direction of the UHSAA, receive any or all of the following for the first violation:
 - A letter of reprimand
 - Suspension
 - Fine
2. If a coach is proven to have violated the Undue Influence Rule a second time, the coach will be suspended a minimum of three contests or one half of the remaining region schedule (whichever is the greater).
3. A third violation will mean suspension for the remainder of the current season.

Q. Penalties

Region III upon having knowledge of an infraction of a rule or policy in assessing penalties may initiate action. Region III may consider any of the following:

1. Forfeiture of contests because of rules violations, etc.
2. Reprimand by official letter to individual(s) and/or school in regard to the offense committed with a warning to correct the situation(s).
3. Probation of individual(s) and/or school by official letter advising parties of the probationary status and the conditions of the probation.
4. Restrictions which would restrict individual(s) and/or school in region, group or state activities.
5. Suspension would result in dropping the school from membership in region activities for a specific time period.
6. Fines to the coach, principal and/or school may be assessed.

All penalties imposed by the Region Board of Managers are final.

Trophies and Awards

Baseball

One Region Trophy

Basketball (Boys and Girls)

One Region Trophy each

Cross Country (Boys and Girls)

One Region Meet Trophy each

10 Medals for places 1-10

Certificates for J.V. places 1-10

Drama

Six 4x6 Plaques—Outstanding

Performances in Region One-Act Plays

100 Individual Superior Ranking Medals

Drill Team

One Region Trophy

Plaques—1st, 2nd and 3rd place in each category: dance, military, and novelty or prop

Three drill down plaques for 1st, 2nd, and 3rd places

Certificates for State Qualifiers

Football

One Region Trophy

Forensics/Debate

One Region Trophy

See page 32 for list of other awards

Boys and Girls Golf

One Region Trophy

10 Medals for 10 low medalists

Music

Certificates for Superior (I) Ratings in Orchestral, Large Choir, Madrigals, Solo & Ensemble, and Jazz Band Festivals.

Certificates for all participating bands according to rating in Region Marching Band competition. The Region Marching Band competition will also include trophies for Music Caption, Visual Caption, Percussion Caption, and Drum Major.

Soccer (Boys and Girls)

One Region Trophy each

Softball

One Region Trophy

Swimming (Boys and Girls)

One Region Trophy each

Six Medals for places 1st – 6th individual and 1st and 2nd in relays

Tennis (Boys and Girls)

One Region Trophy each

28 Medals for girls and 28 Medals for boys

Medals: 1st – 4th place in 5 categories: 1st singles; 2nd singles; 3rd singles; 1st doubles; 2nd doubles

Track (Boys and Girls)

One region Meet Trophy each

Medals for places 1st – 6th individual and 1st and 2nd relays

Certificates for Sophomore 1st – 6th places individuals and 1st place relays

Volleyball

One Region Trophy

Wrestling

One Region Trophy

Medals: 84 Varsity, 1st – 6th place; 56 J.V. J.V. Medals, 1st – 4th place

Supplied by host school

Contest Limitations

- A. Any meet, game or competitive activity in which one or more students participate counts toward the contest limitations listed below for that activity.
- B. The following contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition, i.e., varsity, J.V., sophomore and freshmen. State qualifying region tournaments do not count in the contest limitation total (see basketball exception below).
1. Baseball: 22 games **Each game played counts as one (1) game.**
 2. Basketball: Varsity—20 games. All non-varsity may play a maximum of 20 total games. **Note: Each game played counts as one (1) game.**
 3. Cross Country: 10 meets.
 4. Girls Drill Team: Three (3) competitions. Does not include region or state.
 5. Football: Nine (9) games.
 6. Golf: 14 meets.
 7. Soccer: 16 games.
 8. Softball: 22 games. **Each game played counts as one (1) game.**
 9. Swimming: 14 meets.
 10. Tennis: 14 meets per individual. The number of meets counted for a tennis tournament shall be equal to the number of days scheduled for the tournament; e.g., a one (1) day tournament shall count as one (1) meet, a two (2) day tournament shall count as two (2) meets, etc.
 11. Track: 12 meets per individual.
 12. Volleyball: One of the following three options may be chosen:
 - a. 16 matches and 0 tournaments
 - b. 15 matches and 1 tournament
 - c. 14 matches and 2 tournaments

The following guidelines pertain to the tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day and tournaments may not exceed three (3) days in length.

13. Wrestling: 24 credits per wrestler. All tournaments count as three (3) credits.
 - a. Individuals may compete in no more than six (6) tournaments per season.
 - b. Three (3) of the six (6) tournaments may be dual tournaments.
14. Music: Three (3) contests per category.
15. Speech: 10 meet's per individual.

Baseball Policies

Region Activity Chairperson: Stephen Hess, Kearns High School – 385-646-5380

Coaches' Representative: Dave Ballard, Kearns High School

1. Beginning team selection and practice date is **Monday, March 1, 2010**. The first games may be played no earlier than March 10, 2010.
2. Game time for all Varsity and Junior Varsity games will be 4:00 pm until Daylight Savings Time. J.V. double headers played on Saturdays will begin at 11:00 am. Sophomore games will be played immediately after the Varsity game on Wednesday night and the J.V. game on Thursday.
3. Sophomore games are to begin immediately following the game prior with no more than an eight minute pre-game for each team. They will be backed with a Varsity or J.V. game to limit use of transportation. Sophomores will be limited to a 15 game schedule and are to be played by members of the sophomore and freshman classes only.
4. Game time may be changed only after agreement of the two principals involved. A date change must be approved through the Region Baseball Chairperson, who will inform all region principals. Date changes will only be approved for extraordinary circumstances rather than issues of convenience.
5. Each team will be allowed 15 minutes for warm-up and infield practice.
6. Each postponed game must be made up in the order of the postponement on the first available playing date. Flip/flopping" the schedule and playing at the visiting team's field, if it is playable will be done where it is possible to maintain the same number of home and away games between the two schools. Consideration needs to be given, when making a decision to stick to the home fields to the visiting team's predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials by no later than noon the day of the game.
7. When a game is called because of darkness or weather, the game will be resumed on the next available playing date and/or as the preliminary scheduled game of the two teams in the second or third game. The five inning completion rule is in effect. In the third game, the game that is called will be resumed on the next available date, excluding J.V. league games. The home field coach will be responsible for notifying all those involved: umpires, scorers, principals and coaches.
8. The home team will be responsible to have an official scorekeeper, preferably an adult. The winning team is responsible to report the results of the game to the newspapers.
9. Only 22 games may be played. Every game played counts toward the 22 with the exception of post season play-offs in the State Tournament.
10. The recommendation of the UHSAA on number of innings pitched per week will be followed.
11. The dates of May 7 and 8, 2010 may be used as playoff dates to determine fourth seed (last play-off seed) placement into the state. The tie breaker rule will be used for all other seeding issues.
12. A coaches meeting will be held on the Monday following the last regularly scheduled Region Games. (May 10, 2010)

Academic All-State Due: Tuesday, April 20, 2010

Varsity Baseball Schedule

Tuesday, April 6 @ 4:00

Bingham @ Kearns
Riverton @ Copper Hills
West Jordan @ Taylorsville

Wednesday, April 6 @ 4:00

Kearns @ Bingham
Copper Hills @ Riverton
Taylorsville @ West Jordan

Friday, April 9 @ 4:00

Bingham @ Kearns
Riverton @ Copper Hills
West Jordan @ Taylorsville

Tuesday, April 13 @ 4:00

Taylorsville @ Riverton
Kearns @ West Jordan
Copper Hills @ Bingham

Wednesday, April 14 @ 4:00

Riverton @ Taylorsville
West Jordan @ Kearns
Bingham @ Copper Hills

Friday, April 16 @ 4:00

Taylorsville @ Riverton
Kearns @ West Jordan
Copper Hills @ Bingham

Tuesday, April 20 @ 4:00

Bingham @ West Jordan
Taylorsville @ Copper Hills
Riverton @ Kearns

Wednesday, April 21 @ 4:00

West Jordan @ Bingham
Copper Hills @ Taylorsville
Kearns @ Riverton

Friday, April 23 @ 4:00

Bingham @ West Jordan
Taylorsville @ Copper Hills
Riverton @ Kearns

Tuesday, April 27 @ 3:30

Copper Hills @ Kearns
West Jordan @ Riverton
Bingham @ Taylorsville

Wednesday, April 28 @ 4:00

Kearns @ Copper Hills
Riverton @ West Jordan
Taylorsville @ Bingham

Friday, April 30 @ 4:00

Copper Hills @ Kearns
West Jordan @ Riverton
Bingham @ Taylorsville

Monday, May 3 @ 4:00

Kearns @ Taylorsville
Copper Hills @ West Jordan
Riverton @ Bingham

Tuesday, May 4 @ 4:00

Taylorsville @ Kearns
West Jordan @ Copper Hills
Bingham @ Riverton

Wednesday, May 5 @ 4:00

Kearns @ Taylorsville
Copper Hills @ West Jordan
Riverton @ Bingham

Starting Date: Monday, March 1, 2010

State Tournament 1st and 2nd Rounds

Tuesday, May 11 and Wednesday May 12

State Tournament Week

May 17-21

JV Baseball Schedule

Thursday, March 25 @ 4:00

Kearns @ Taylorsville
Copper Hills @ West Jordan
Riverton @ Bingham

Saturday, March 27 @ 11:00

Taylorsville @ Kearns
West Jordan @ Copper Hills
Bingham @ Riverton

Thursday, April 8 @ 4:00

Bingham @ Kearns
Riverton @ Copper Hills
West Jordan @ Taylorsville

Saturday, April 10 @ 11:00

Kearns @ Bingham
Copper Hills @ Riverton
Taylorsville @ West Jordan

Thursday, April 15 @ 4:00

Taylorsville @ Riverton
Kearns @ West Jordan
Copper Hills @ Bingham

Saturday, April 17 @ 11:00

Riverton @ Taylorsville
West Jordan @ Kearns
Bingham @ Copper Hills

Thursday, April 22 @ 4:00

Bingham @ West Jordan
Taylorsville @ Copper Hills
Riverton @ Kearns

Saturday, April 24 @ 4:00

West Jordan @ Bingham
Copper Hills @ Taylorsville
Kearns @ Riverton

Thursday, April 29 @ 4:00

Copper Hills @ Kearns
West Jordan @ Riverton
Bingham @ Taylorsville

Saturday, May 1 @ 11:00

Kearns @ Copper Hills
Riverton @ West Jordan
Taylorsville @ Bingham

**JV games scheduled on Saturdays are JV doubleheaders. Each game counts as one toward JV game limit.

Sophomore Baseball Schedule

Thursday, March 25

Kearns @ Taylorsville
Copper Hills @ West Jordan
Riverton @ Bingham

Wednesday, April 7

Kearns @ Bingham
Copper Hills @ Riverton
Taylorsville @ West Jordan

Thursday, April 8

Bingham @ Kearns
Riverton @ Copper Hills
West Jordan @ Taylorsville

Wednesday, April 14

Riverton @ Taylorsville
West Jordan @ Kearns
Bingham @ Copper Hills

Thursday, April 15

Taylorsville @ Riverton
Kearns @ West Jordan
Copper Hills @ Bingham

Thursday, April 21

West Jordan @ Bingham
Copper Hills @ Taylorsville
Kearns @ Riverton

Thursday, April 22

Bingham @ West Jordan
Taylorsville @ Copper Hills
Riverton @ Kearns

Wednesday, April 28

Kearns @ Copper Hills
Riverton @ West Jordan
Taylorsville @ Bingham

Thursday, April 29

Copper Hills @ Kearns
West Jordan @ Riverton
Bingham @ Taylorsville

Tuesday, May 4

Taylorsville @ Kearns
West Jordan @ Copper Hills
Bingham @ Riverton

*Sophomore games follow Varsity games and JV games

**Provisions for short pre-game (8 minute limit)

Basketball Policies

Region Activity Chairpersons: Boys—Todd Quarnberg, Copper Hills – 801-256-5300

Girls—Mike Anderson, Bingham – 801-256-5100

Coaches' Representatives: (Boys) Scott Briggs, West Jordan

(Girls) Carlson Boudreaux, West Jordan

1. Beginning practice date for boys' and girls' basketball is November 9, 2009. The first game may be played no sooner than November 24, 2009. "No basketball player will play basketball during the athletic period except after the official beginning practice date" (per UHSAA policy).
2. Standard game day schedule when boys and girls play is as follows:
 - **Boys**—Tuesday and Friday
 - **Girls**—Tuesday and Thursday
3. Game times: 3:30 – Sophomores; 5:15 – Junior Varsity; 7:00 – Varsity
4. Games will start as scheduled or 20 minutes following the conclusion of the previous game.
5. Preseason game times and dates are site-based decisions.
6. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region III Board of Managers. (The home team will notify the arbiter in case of any change.)
7. The coaches have the option to agree on which ball to use for the State Tournament. If an agreement can't be reached, then the UHSAA contracted ball will be used.
8. The visiting school may film a game from their own student sections or an area designated by the home school. Filming is prohibited by any school not involved in the game.
9. Moratorium dates are November 26-29, 2009; December 23-27, 2009; and January 1, 2010.
10. Tournament entries are determined by win and loss records during Region III play. In the event of a tie, General Policies #VI, K. (this manual) is used to seed or qualify the eligible teams.
11. General courtesies recommended for boys' and girls' games:
 - Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and a table for taping. A room for private discussion during halftime should be provided.
 - If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
 - Conduct halftime activities within scheduled time—not to exceed seven (7) minutes for all activities. Minor variations can be made with mutual consent of schools involved.
 - Copies of schedules and team rosters must be emailed to each region school's AD by November 21, 2009.
12. Coaches (Girls/Boys) will meet the Tuesday following the Boys' State Tournament at Chili's in Jordan Landing to pick the All-Region Team.

Boys Basketball Schedule

January 15

Bingham @ Copper Hills
Riverton @ Kearns
West Jordan @ Taylorsville

January 19

Taylorsville @ Riverton
Kearns @ Bingham
Copper Hills @ West Jordan

January 22

Riverton @ Copper Hills
Bingham @ West Jordan
Kearns @ Taylorsville

January 26

West Jordan @ Riverton
Copper Hills @ Kearns
Taylorsville @ Bingham

January 29

West Jordan @ Kearns
Copper Hills @ Taylorsville
Bingham @ Riverton

February 5

Copper Hills @ Bingham
Kearns @ Riverton
Taylorsville @ West Jordan

February 9

Riverton @ Taylorsville
Bingham @ Kearns
West Jordan @ Copper Hills

February 12

Copper Hills @ Riverton
West Jordan @ Bingham
Taylorsville @ Kearns

February 19

Kearns @ West Jordan
Taylorsville @ Copper Hills
Riverton @ Bingham

February 23

Riverton @ West Jordan
Kearns @ Copper Hills
Bingham @ Taylorsville

Boys State Tournament

March 3-6, 2010

Academic All State

Due by January 19, 2010

Boys Dead Time

March 1, 2010 – March 29, 2010
August 2, 2010 – September 24, 2010

Girls Basketball Schedule

January 12

West Jordan @ Kearns
Copper Hills @ Taylorsville
Bingham @ Riverton

January 14

Copper Hills @ Bingham
Kearns @ Riverton
Taylorsville @ West Jordan

January 19

Riverton @ Taylorsville
Bingham @ Kearns
West Jordan @ Copper Hills

January 21

Copper Hills @ Riverton
West Jordan @ Bingham
Taylorsville @ Kearns

January 26

Riverton @ West Jordan
Kearns @ Copper Hills
Bingham @ Taylorsville

January 28

Kearns @ West Jordan
Taylorsville @ Copper Hills
Riverton @ Bingham

February 4

Bingham @ Copper Hills
Riverton @ Kearns
West Jordan @ Taylorsville

February 9

Taylorsville @ Riverton
Kearns @ Bingham
Copper Hills @ West Jordan

February 11

Riverton @ Copper Hills
Bingham @ West Jordan
Kearns @ Taylorsville

February 16

West Jordan @ Riverton
Copper Hills @ Kearns
Taylorsville @ Bingham

Girls State Tournament

February 24-27, 2010

Academic All State

due by January 19, 2010

Girls Dead Time

February 29, 2009 – March 28, 2010
August 1, 2009 – September 24, 2009

Cheerleading Policies

Region Activity Chairperson: Bryan Leggat, Copper Hills – 801-256-5300

Coaches' Representative: Jamie Nordberg, Bingham 801-256-5100

1. Cheerleaders must follow the National Safety Guidelines in order to qualify for catastrophic insurance coverage.
2. All spirit safety rules are to be followed during practices, games, and performances.
3. Cheerleaders in uniform and accompanied by an advisor will be admitted to the game without charge.
4. Cheerleaders may use hand held performance signs and pompoms at Region events. At football games, megaphones and a sign of a positive nature for the home teams to run through will be allowed. See chart of approved items and regulations on page 8.
5. Drums are to play only as part of the pep band or as accompaniment to a cheer by the cheerleaders.
6. Placement of the cheerleaders, drill team and general student body is at the discretion of the host school. Cheerleaders should encourage good sportsmanship at all times. Cheerleaders should refrain from conducting cheers during foul shots and must break behind the basket during the entire game. Cheerleaders will refrain from participating in any "in your face gestures" directed at the opposing spectators and finally, opposing cheer squads should not participate in competitive tumbling demonstrations.
7. Traveling cheerleaders, drill teams and pep clubs will be supervised by designated adult chaperones.
8. Only cheerleaders (no spectators) are allowed on the sideline, court or field for cheers, activities or demonstrations unless specifically sponsored by the host school administration.
9. Cheer squads should not pass the center court line when performing tumbling exhibitions.
10. Cheerleading squads and their advisor(s) **must** attend the UHSAA Safety Clinic in the spring prior to the new school year. Coaches are also encouraged to document stunt progression of each cheerleader.
11. Mascots will not display inappropriate movement nor will there be any physical confrontations or mock wrestling between opposing schools' mascots. Mascots will stay in the area of their own cheer squads.
12. For safety reasons the host and visiting administrations will keep other students out of the space provided for cheerleaders. It is strongly recommended that cheerleaders store their gear in a secure and consolidated space behind their team's benches.
13. Because academics are a priority, it is recommended that a cheerleader not be required to attend activities more than three times a week.

Cross Country Policies

REGION ACTIVITY CHAIRS: Fred Crawford, Taylorsville – 385-646-5455

Coaches Representative: Jeff Arbogast, Bingham High School

Cross Country meets will begin at 3:30pm with the exception of the Region Meet that will begin at 2:00pm.

1. The host school will designate a well-marked course. Distances for Region meets and the Region Championships will be approximately 3 miles or 5k.
2. Qualification for State will be as per UHSAA rules in the current handbook.
3. The winner of the Region trophy will be determined by scores at the Region Championship Meet.
4. Medals are awarded to the top 10 finishers at the Region Championship meet in the boys' and girls' varsity divisions. Certificates are awarded to the top 10 in Region JV.
5. Each individual may compete in a maximum of 10 meets plus Region and State.
6. Each school will furnish their own 'stickers' or tags (file folder label size—1/3 cut preferable) for each dual/tri meet and the Region Championship Meet. Put name and school on the tag, and year in school (9, 10, 11, 12) on the Region Championship tag.
7. Region Meet host will be Bingham High.
8. Tie-breaker is determined by the highest 6th-place finisher.
9. Region coaches will choose an All-Region Academic Team composed of seniors with a 3.75 or higher GPA for the cumulative 9-12 grades. Applications should be sent to the Region Chairman at on the same deadline as the State forms, on the same type of form.
10. Coaches may run more than 7 runners in the 'Varsity' Region Championship race if desired (out to the maximum of 12 listed in the National Federation rulebook) but the scoring 7 must be clearly designated on the tag prior to the beginning of the race. Failure to do so disqualifies athletes from the top finisher of that school down, one for one over the limit of 7. These non-scoring individuals are NOT eligible for individual awards (top-10 medals). It is understood the reason for the option to race an extra individual (or more) is to determine positions for the State Meet only.
11. Two races will be run in Region meets, with girls and boys running separately.
12. The Region Cross Country Meet will be held at the County Complex, 1300 E and 4350 S on October 12, 2009. Bingham will host. Region Meet course length will be 5000m.
13. NFHS Rules govern competition.
14. Academic All-State deadline (to UHSAA) is September 22.

Cross Country Schedule

Wednesday, August 26

All schools @ County Complex (Pre-Region)

Girls @ 3:30

Boys @ 4:00

Wednesday, September 2

Region Schools @ West Jordan Park (WJHS hosts)

Wednesday, September 9

Region Schools @ Cottonwood Complex (Bingham hosts)

Wednesday, September 16

Region Schools @ Kearns (Kearns hosts)

Wednesday, September 23

(Off – Parent-Teacher Conferences)

Wednesday, September 30

Open for Inter-Region or Make-Up

Monday, October 12

Region Championship Meet @ Cottonwood Complex

2:00 Region JV Girls

2:30 Region JV Boys

3:00 Varsity Girls

3:30 Varsity Boys

4:00 Awards

Wednesday, October 21

State 5A Championships @ Sugarhouse Park

3:30 Girls (tentative)

4:00 Boys (tentative)

Drama Policies

Region Activity Person: Jennifer Jensen, Copper Hills – 801-256-5300

Coaches' Representative: Clin Eaton, Riverton

1. **Teachers Meeting:** All region drama teachers will meet at least one month prior to the Region Festivals to discuss any business deemed necessary before the Region Tournaments begin. Tentative meeting is scheduled Tuesday, January 12, 2010, at 3:00pm at Riverton High School in the Drama Room.
2. **Judges:** Coaches, recent alumni (4 years), student teachers from any of the Region III schools as well as family members of any competing student will not be used as judges for any portion of the play festival or individual event festival.
3. **Cost and Fees for Judges:**
 - One (1) to six (6) schools participating- 20 individual Event Judges at \$35.00 per day.
 - Presentations (plays)- three (3) Judges at \$100.00 per day (mileage at UHSAA rate).
4. **Qualifying for State:** Each school may send up to four (4) entries per individual event as constituted for that classification. All four entries could qualify for the state festival by achieving the following guidelines:
 1. Individual entries must receive a rating (superior, excellent, good or fair) and will not receive a ranking at the region level.
 2. **Rating System:**
 - a. Any entry must receive at least two (2) superior ratings out of three to qualify for state.
 3. Any entry receiving a straight superior rating (SSS) at region will receive a medal.
 4. All festival plays receiving straight superior ratings OR one half of the numbers of festival plays presented at region drama festivals whichever is greater will qualify to perform in the state drama festival. In the case where fewer than half of the region festival plays receive straight superior ratings, the region play judges will determine the remaining plays to fill our regions allotment.
5. **Double Entering:** Each student may only qualify for State in one (1) Individual Event and in the Play Event.
6. **Trophies and Awards:**
 - Six (6) 4x6 Plaques-Outstanding Performance in Region One-Act plays- decided by the three (3) Festival Play Judges
 - Fifty (50) Superior Individual Medals.
 - Plaques for Straight Superior Plays will be ordered after Region Play Festival concludes. They will be distributed as soon as they are available.

Drama Schedule

Tuesday, January 12, 2010

Region Drama Meeting

3:00 p.m.

Riverton High School – Drama Room

Tuesday, March 19, 2010

Region Plays

9:00 a.m. – 4:00 p.m.

Riverton High School

Thursday, March 18, 2010

Region IE's

3:15 p.m. Round One

4:30 p.m. Round Two

5:45 p.m. Round Three

7:00 p.m. Awards Ceremony

Kearns High School

Thursday-Saturday, April 15-17, 2010

State Drama

Taylorsville High School

Drill Team Policies and Schedule

Region Activity Chairperson: Jerry Haslam, Taylorsville – 385-646-5455

Coaches Representative: Alisha Lamb-Staggs, Taylorsville

Region III drill teams will follow the guidelines listed in the General Guidelines of the Region III Manual.

1. Region Drill Team Competition will be conducted under the rules and guidelines of the UHSAA competition regulations.
2. Drill teams must follow the National Safety Guidelines in order to qualify for catastrophic insurance coverage.
3. The team coach must attend a UHSAA clinic for coaches and judges prior to the Region Meet or complete the UHSAA Drill Team test.
4. Beginning with the 2009-2010 school year, Drill Teams compete in the same three (3) categories head to head at region and state competitions. The UHSAA has designated **MILITARY, DANCE,** and **KICK LINE** as the three official categories for competition in the upcoming (**2009-2010**) school year. Novelty and prop will alternate every year as the third category.
5. Drill team coaches must attend a mandatory meeting prior to the Region III Drill Team Competition. Each coach will draw a number for her team which will determine each team's performance order for each category based on the following rotation. The order of events for the Region Tournament will be Military, Dance and Prop.

<u>Military</u>	<u>Dance</u>	<u>Kick Line</u>
1	4	6
2	3	5
5	6	1
4	2	3
3	1	4
6	5	2

6. All coaches must submit the following information for the Region Program no later than **Tuesday, December 1, 2009**. Please submit information electronically to jdhaslam@graniteschools.org.
 - A team picture (high quality with sharp contrast).
 - Names of drill team members and officers
 - Names of school administration and athletic director
 - All-Region Team names (3) deserving drill team members, either seniors or second year members)
 - Academic All-Region (Team members with 3.75 cumulative GPA).
 - Note: Please make sure all names are spelled correctly.
7. Drill teams will have 20 minutes of floor time on the day of competition at the host school and a one-hour practice session prior to competition scheduled by the Region Representative at the competition site.
8. Region III Drill Representatives will be chosen from the Region III Drill Competition host school.

9. The following awards will be presented at the Region Drill Competition:
 - Plaques will be awarded to 1st, 2nd, and 3rd place winners in each category.
 - A region trophy will be awarded to the region championship team.
 - Plaques will be awarded to 1st, 2nd, and 3rd place team winners in drill down.
 - Certificates will be given for 2nd and 3rd place overall.
 - Certificates will be given for Academic All-Region.
 - Certificates will be given for All-Region Team.
11. Four (4) teams from Region III will qualify to move on to State Competition. If any team that does not qualify wins a specific category, that team will have the option of taking that first place routine to State.
12. Videotaping of other teams at Region or State Competition is not allowed.
13. No males will be allowed in the dressing rooms or team areas during any competitions.

Competition Planning Dinner

Thursday, January 7, 2010
West Jordan High School
6:00 p.m.

Academic All State Nominations

Due to UHSAA: Tuesday, January 5, 2010

Region III Drill Meet Rehearsal

Monday, January 17, 2010
(Martin Luther King Day)
7:00 a.m. – 1:00 p.m.

Region III Drill Team Competition

Wednesday, January 20, 2010

State Drill Team Competition

Friday, January 29, 2010
Utah Valley University

Football Policies

Region Activity Chairperson: Steve Park, Herriman Bldg – 801-256-5800

Coaches' Representative: Mike Miller, Riverton

1. Beginning practice date: Monday, August 10, 2009
2. Endowment game: August 21-22
3. Varsity games: Games are to be played as scheduled; all games begin at 7:00 p.m. Home team wears dark jerseys, visitors wear light jerseys.
4. Junior Varsity and Sophomore games: Each school will play a full schedule of Sophomore and J.V. games. (All games will start at 3:30 p.m.— no evening games.) Sophomore games will be played at the same location as the Varsity. J.V. plays opposite. Home team wears dark jerseys. Visiting team wears light or white jerseys.

Sophomore jersey colors:

Bingham: Blue	Kearns: Green
Copper Hills: White	Riverton: Black
Taylorsville: Blue	West Jordan: Columbia Blue
5. Chain Crews: All schools are required to use adults on chain and down marker (Varsity only).
6. Change of time: A change of time may be affected through mutual agreement of both schools (Coach, Principal, and Athletic Director). The host school must notify arbiter of the change in time for him to notify the officials. The host school or Region III school (pre-season) shall notify other region schools if a change is made. All officials (Varsity, J.V., and Sophomore) will be arbitred by the UHSAA. Call any changes to the UHSAA.
7. Change of Date: A change of date must be approved by the Region Board of Managers after a mutual agreement is reached between schools concerned.
8. Scouting: is to be done from the spectator stands. No video filming of future opponents will be allowed at the Varsity, J.V. or Sophomore levels.
9. Sidelines: No one will be allowed on the field or sidelines during the game without a sideline pass. Each school will develop and distribute their own sideline passes. The athletic director who meets the bus will determine from the opposing coach how many sideline passes are needed. It is the responsibility of the home school to keep the sidelines and track areas clear of all spectators. No spectators will be allowed on the field during the game or at half-time except spirit groups and performers.
10. Film Exchange: Each Region III school is expected to exchange two (2) games DVD's in preparation for their varsity games. Copies of original games must be made on new discs. Each school will meet on the day following the varsity game at West Jordan High School, 8136 South 2700 West. Exchange will take place at 8:00 a.m. Coaches will exchange the two (2) most recent game DVD's unless otherwise agreed upon by coaches exchanging. All filming will be done by adults. All players on the playing field must be visible from the break of the huddle until the snap of the ball. Once the snap has occurred the angle can be changed. Film all plays; film the scoreboard after each scoring play and at the end of each quarter.

11. Dress and locker room: Home school is to provide a lockable dressing facility. A white board or chalkboard with writing instrument needs to be available. Locker room needs to be available 1 1/2 hours before game time. The home team should provide a guide to meet the bus, show the team the locker room and be available if assistance is needed. J.V. and Sophomore teams should dress at their own schools. In case of inclement weather J.V. and Sophomore teams will be provided shelter at half-time. The visiting team is responsible for cleaning their locker-room immediately following halftime.
12. Visiting team spotters/coaches must remain on the visiting team's side/section of the stadium unless other accommodations are agreed upon by the head coaches. Please be the type of host that you would hope to encounter as a guest.
13. Electronic communication equipment, other than coach's equipment, including but not limited to computer, television, and videotape, shall not be used for coaching purposes during the game or between periods.
14. Rosters and meetings: Rosters are to be e-mailed to the Region Chairperson by Monday, August 17, 2009. Rosters must include height, weight, number and year in school in numerical order. The coaches will meet after the last Region game for the purpose of selecting the All-Region III team, November 9, 2009. Time and location to be determined.
15. Tie-Breakers and playoffs: Refer to region policies for tie-breakers. In the event of a 3-way tie for the last playoff berth the winner of the tie-breaker or winner of the flip earns a bye, the other two teams will playoff in a 24-minute game, consisting of two 12-minute quarters. Following a 15 minute half-time intermission, the winner of the first 24 minute game will play the team that earned a bye in a 24 minute game consisting of two 12 minute quarters. The winner of that game will advance to the playoffs. The playoff game will be on a neutral site.
16. Officials and Game Clock: Any current employee of a school may not officiate in any Varsity game in which that school is participating. The game clock is to be manned by an adult for Varsity games, and where possible for J.V. and Sophomore games.
17. Post game activities: At the conclusion of the Varsity, J.V., or Sophomore games and after the traditional "handshake," visiting teams will not participate in any post game activities. Teams are to gather their gear and load the bus.
18. Public Address Announcers: Public address announcers are not to be commentators, cheerleaders or to second-guess the officials.

Football Schedule

Friday, August 21

Kearns @ Hunter
 Granger @ West Jordan
 Lehi @ Riverton
 Copper Hills @ Syracuse
 Clearfield @ Taylorsville
 Viewmont @ Bingham

Friday, August 28

Cyprus @ Kearns
 West Jordan @ East
 Riverton @ American Fork
 Box Elder @ Copper Hills
 Brighton @ Taylorsville
 Alta @ Bingham

Friday, September 4

Granger @ Kearns
 West Jordan @ Provo
 Olympus @ Copper Hills
 Taylorsville @ Murray
 Riverton @ Lone Peak

Monday, September 7

Bingham @ Trinity Texas

Friday, September 11

Riverton @ Kearns
 Taylorsville @ Cyprus
 West Jordan @ Copper Hills
 American Fork @ Bingham

Friday, September 18

Copper Hills @ Riverton
 Kearns @ Taylorsville
 Bingham @ Cottonwood
 West Jordan @ Pleasant Grove

Thursday, September 24

Riverton @ West Jordan
 Bingham @ Kearns
 Taylorsville @ Copper Hills
 New JSD vs. Brighton

Wednesday, September 30

Copper Hills @ Bingham
 Kearns @ Sky View
 West Jordan @ Taylorsville
 Alta @ Riverton

Friday, October 9

Bingham @ West Jordan
 New JSD @ Copper Hills
 Taylorsville @ Riverton
 Kearns @ Hillcrest

Wednesday, October 14

West Jordan @ Payson (6:00 pm)

Friday, October 16

Riverton @ Bingham
 Copper Hills @ Kearns
 Taylorsville @ Jordan

Thursday, October 22

New JSD @ Riverton
 Bingham @ Taylorsville
 Kearns @ West Jordan
 Lone Peak @ Copper Hills

All Region selection meeting and dinner Monday, November 9
Roster due on Monday, August 17
Deadline for Academic All-State Nominations Tuesday, October 13
Inter-region playoffs October 30-31
State Quarter Finals – November 6
State Semi-Finals – November 13
State Championship – November 20

Forensics/Debate Polices

Region activity Chairperson: Dennis Edmonds, Bingham – 801-265-5100

Coaches' Representative: Carol Shackelford, Bingham

1. Starting Date: No forensics meets may be held prior to October 21, 2009.
Ending Date: No forensics meets maybe be held after March 21, 2010.
2. Region paring meeting: This meeting will be held at the Region Tournament host school beginning at 3:30 p.m. February 18, 2010. All coaches will be assigned pairing responsibilities. All coaches shall submit 30 Impromptu topics-10 famous quotations, 10 social value, 10 abstract/one word. Extemporaneous topics will come from the NFHS topics. All typewritten manuscripts with complete bibliography must be submitted at the Region Pairing Meeting. Schools not submitting manuscripts for Original Oratory will forfeit that entry. Oratories must be submitted to and approved by the school's principal before submission at the pairing meeting.
3. Debate, Lincoln-Douglas and Public Forum Pairing: Up to five (5) rounds will be held in each event. Pairings will be reverse power matched to best allow each school to hit all other schools in the region in each event. Byes will be drawn from eligible teams/schools. No team, individual or school may have more than one bye unless it cannot be avoided. Speaker points are averaged for byes. The Region Tournament will use the same topics for Lincoln-Douglas and public forum as the State Tournament.
4. Individual Events Pairing: Four (4) rounds of each event will be held. Random pairing will be used but students from the same school will not be in the same round.
5. Student Congress pairing: All contestants will be placed in one hour or two (2) sessions will assigned seating and second seating reversed. Student Congress for Region will conform of State Tournament guidelines. Six (6) judges will be used with the score from the competitor's school dropped and the other five (5) added to determine final rank and rating. Congress judges should be two (2) years removed from high school, if possible.
6. Entry: There will be a limit of four (4) teams in Policy Debate and Lincoln-Douglas Debate. The NFL March/April topic will be used for both Region and State Competitions in both LD and Public Forum. In Public Forum, student Congress and Individual Events there will be three (3) entries.
7. Registration: Registration forms must be submitted to the Region Activity Chairperson at the time of the Region Pairing Meeting. All Orations and Student Congress Legislation must be submitted with registration.
8. Judging Requirements: Judging requirements will be determined at the Region Pairing Meeting based on the total entries of each school. Each school shall bring a congress judge. Schools not meeting their judging communities will be subject to the following procedures. Requirements are as follows:
One judge per two or fraction thereof of policy and public forum debate.
One for every four LD debaters or fraction thereof.
One judge for every five IE competitors
One Congress judge for each school with Student Congress
Drop number of students to match number of judges present at the point of infraction and after vote by Region Coaches.
The school will be ineligible for Region Award and State qualification.
Judges should not be secured that have judged for another school all year in Region III
9. Student Congress: Each student may submit one piece of legislation. The legislative calendar will be set randomly at the Region Pairing Meeting by placing the name of each school in a hat and drawing out one name at a time to determine he first series of bills/resolutions to be

considered. The order will then shift (i.e. 1 to 2, 2 to 3, etc.) to determine the next set of bills/resolutions to be considered. This method will continue until all legislation has been placed on the calendar. All legislation must be final by the Region Pairing Meeting. Orders of the day will be used with modified National Forensic League rules. Six speech priority will be used. All speeches will be three (3) minutes with two (2) minutes questions after the proponent. Amendments and serving as Presiding Officer will count as a speech. No removal of an obstructionist without approval of the tabulation room. No one student will chair for more than (1) hour. Five (5) total hours of session time will be held with breaks and lunches scheduled as needed.

10. Appropriateness of Materials: Coaches are responsible for ensuring appropriateness of materials including, but not limited to, oratory topics, interpretation pieces, and subjects of congress resolutions.
11. Scoring: The quartile system will be used. The top 1/4 will receive superior ratings and five (5) points per person, the next 1/4 will receive excellent ratings and three (3) points per person, the next quarter will receive good ratings and will receive one (1) point per person and the final 1/4 will receive no sweepstakes points. Quartiling will be adjusted in the way least skews the bracket. In sweepstakes, when there is a team tie for the final state qualification spot, the tie will be broken on numbers of ratings and win/loss records. Congress rankings will be quartiled for breaking ties.
12. Region Awards: One Region Championship Trophy will be awarded. Region medals will be awarded for the top five (5) places in each event. That would result in the following medals count: Policy Debate-places 1 through 5 with two (2) medals for each place since each team has two members; Lincoln-Douglas Debate-one (1) medal for each place 1 through 5; Public Forum Debate-places 1 through 5 with two (2) medals for each place since public forum teams have two members; Original Oratory-one (1) medal for each place 1 through 5; Impromptu Speaking-one (1) medal for each through 5; Foreign Extemporaneous Speaking- one (1) medal for each place 1 through 5; National Extemporaneous Speaking-one (1) medal for each place 1 through 5; Student Congress one (1) medal for each place 1 through 5.
Pending approval by the Utah Forensics Association this May, there will also be need for the following: Humorous Interpretation - one (1) medal for each place 1 through 5; Dramatic Interpretation- one (1) medal for each place 1 through 5; Duo Interpretation- places 1 through 5 with two (2) medals for each place since duo teams have two members.
Twenty (20) blank medals will be provided for possible ties. Coaches of students in place ties will be responsible for engraving these blank medals.
Region certificates will be awarded to all participants who achieve a rating of good or higher.
Ties will be broken according to UHSAA Rules. If two schools are tie for either 1st or 2nd place Sweepstakes, the following tie-breaking procedure will be followed: The lowest total ranking score in all events wins the tie. Debate, Lincoln-Douglas and Public Forum will be counted as one (1) point for wins and three (3) for a loss in this tie breaking system. Only ties for 1st and 2nd Place Sweepstakes will be broken. All other ties will be listed and announced as a tie.
13. Rules Arbitration: The Region Activity Chairperson will be on call during the Region Tournament to help resolve disputes over interpretation or application of Region rules.
14. Region Costs: Region Schools will submit to the Region Activity Chairperson a list of their judges. The schools are responsible for paying their own judges. The Region will then reimburse schools for the cost of their region judges. The Region will also cover the costs of awards and of lunch for region coaches and judges at the Region Tournament.

Dates:

Region III Tournament
Saturday February 20, 2010 – Riverton High School
State Forensics Tournament – March 12-13, 2010 – TBA

Region 3 Trophy Needs

Event	Places
Policy Debate	Two Each – Places 1-5
Public Forum Debate	Two Each – Places 1-5
Lincoln Douglas Debate	Places 1-5
Student Congress	Places 1-5
National Extemporaneous Speaking	Places 1-5
Foreign Extemporaneous Speaking	Places 1-5
Impromptu Speaking	Places 1-5
Original Oratory	Places 1-5
Blank Medals (to be used for ties)	20

Girls Golf Policies

Region Activity Chairperson: Paul Argyle, West Jordan – 801-256-5600

Coaches' Representative: Mike Booth, Copper Hills

1. All general policies in the Region III Activities Manual should be read and will apply to the sport of Golf.
2. There will be five (5) 9-hole Region Matches and four (4) 18-hole Region Tournaments. Points for the five Region Tournaments will be according to the following scoring: first—7; second—5; third—4; fourth—3; fifth—2; sixth—1, and will determine the Region Golf Champion. The team with the most points will be declared Region III Champion. Dual trophies will be awarded. Points will be doubled for 18-hole matches.
3. In case of a tie for the State berth, a nine (9)-hole playoff will occur with each team entering six (6) players. The top three (3) scores will count. In the event of a tie, the next player's score will be determined until the tie is broken. A neutral course will be designated as the playoff site.
4. In varsity matches, each team will play up to six (6) players. The top three (3) scores will count.
5. Individual medals will be given to the 10 players with the lowest scores in the Region Tournaments.
6. No caddie is to be used by the golfers.
7. Electric carts are not to be used by the players. The Coaches' Representative and Region Golf Chairperson will determine exceptions.
8. All coaches are responsible to see that their players are dressed in appropriate golfing attire and comply with local course rules. No denim.
9. Players must attend school the day of scheduled dual matches and tournaments to be eligible for play that day.
10. Play will be governed by the USGA rules and local course rules, stroke play, proper golf conduct, etiquette and Region III sportsmanship code. With the exception of the special stroke rule. Players will pick up once they reach ten (10) strokes.
11. Each school will be required to attend the region rules meeting.
12. All play will be played from the forward tees.
13. Mike Booth will serve as region statistician.
14. Stableford point system will NOT be used.
15. Beginning and less experienced players will play from the fairway tees (1700-2000 yards) until they can score below fifty-five (55). At that point it will be up to their coach to determine if they play from the fairway tees or the varsity tees.
16. Varsity and JV matches will be played at the same time. However, JV will play 9-holes when the varsity plays 18-holes.

Practice Start Date: March 1

1st Competition Date: March 8

Academic Allstate: April 13

Girls Golf Schedule

March 2

Practice starts

March 18

Rules Meeting

Glenmoor – 3:00 pm

Skills Challenge

March 24

Region 9 Hole

Riverbend – \$8.00

3:00 pm Shotgun

March 25

Region 9 Hole

Murray Parkway – \$7.00

2:00 pm Shotgun

March 31

Region 9 Hole

Glenmoor – \$8.00

3:00 pm Shotgun

April 7

Region 18 Hole

Fore Lakes – \$14.00

2:00 pm Shotgun

April 15

Region 18 Hole

Glen Eagle – \$17.00

2:00 pm Shotgun

April 21

Region 9 Hole

River Oaks – \$8.00

2:00 pm T-Times

April 22

Region 18 Hole

Glendale – \$12.00

1:30 pm Shotgun

April 28

Spring Fling 18 Hole

Rose Park – \$12.00

2:00 pm Shotgun

April 29

Region 9 Hole

Mtn View – \$7.00

3:00 Shotgun

May 5

Region 18 Hole

Schneider's Bluff – \$16.00

9:30 am Shotgun

May 6

State Entries Due

May 14

State Tournament 18 Hole

Glen Eagle

9:00 am

Boys Golf Policies

Region Activity Chairperson: Paul Argyle, West Jordan – 801-256-5600

Coaches' Representative: Brad Bevan, Bingham

1. All general policies in the Region III Activities Manual should be read and will apply to the sport of Golf.
2. There will be ten (10) 18-hole Region Tournaments. Points for the five Region Tournaments will be according to the following scoring: first—7; second—5; third—4; fourth—3; fifth—2; sixth—1, and will determine the Region Golf Champion. The team with the most points will be declared Region III Champion.
3. In case of a tie for the State berth, a nine (9)-hole playoff will occur with each team entering eight (8) players. The top four (4) scores will count. In the event of a tie, the next player's score will be determined until the tie is broken. A neutral course will be designated as the playoff site.
4. Individual medals will be given to the 10 players with the lowest scores in the 18-hole Region Tournaments.
5. No caddie is to be used by the golfers.
6. Electric carts are not to be used by the players. The Coaches' Representative and Region Golf Chairperson will determine exceptions.
7. All coaches are responsible to see that their players are dressed in appropriate golfing attire and comply with local course rules.
8. Players must attend school the day of scheduled dual matches and tournaments to be eligible for play that day.
9. Play will be governed by the USGA rules and local course rules, stroke play, proper golf conduct, etiquette and Region III sportsmanship code.
10. Each school will be required to attend the region rules meeting.
11. All play will be from the Blue Tees.
12. Mike Booth of Copper Hills will serve as the golf statistician for Region III.
13. Each team will be allowed four (4) extra playing slots in each region tournament. Any unused slots maybe used by other schools and will be determined by the coaches prior to the match.

Practice Start Date: August 3
First Competition Date: August 13
Academic All-State Nominations Due: September 8

Region III Boys Golf 2009-2010 TOURNAMENT SCHEDULE

Tuesday, August 18

Rose Park – 2:00 pm
\$12 801-596-5030

Thursday, August 20

Mountain View – 2:00 pm
\$14 801-255-9211

Monday, August 24

Murray Parkway – 2:00 pm
\$14 801-262-4653

Monday, August 31

Glendale – 2:00 pm
\$12 801-974-2403

Thursday, September 3

Meadowbrook – 2:00 pm
\$14 801-266-0971

Thursday, September 10

River Oak – 2:00 pm
\$16 801-568-4653

Tuesday, September 15

Riverbend – 2:00 pm
\$16 801-253-3673

Wednesday, September 16

Stansbury – 2:00 pm
\$10 801-328-1483

Monday, September 21

Glenmoor – 1:30 pm
\$16 801-280-1742

Tuesday, September 29

Wasatch – 10:00 am tee times
\$11 435-654-0532

Monday & Tuesday October 5 & 6

5A State Tournament @ Valley View or Soldier Hollow (TBA)
\$20 per player

JV TOURNAMENT SCHEDULE 9 Holes

Thursday, August 27

River Oaks – 3:00 pm
\$8 (Brad)

Wednesday, September 2

Mountain View – 3:00 pm
\$7 (Dan)

Tuesday, September 8

Westridge – 3:00 pm
\$7 (Weymie)

Monday, September 14

Meadowbrook – 3:00 pm
\$7 (Jace)

Tuesday, September 22

Riverbend – 3:00 pm
\$8 (Eric)

Monday, September 28

Glenmoor – 3:00 pm
\$8 (Mike)

Music Policies

Region Activity Chairpersons: Instrumental—Scott Taggart, Riverton – 801-256-5800

Vocal—George Welch, Riverton – 801-256-5800

Directors' Representative: James Thompson, Bingham

1. All general policies in the Region III Activities Manual should be read and will apply to the activity of Music.
2. All region festivals will follow the current UMEA state festivals guidelines.
3. The following vocal awards will be presented:
 - Solo & Ensembles – certificates to soloists and ensembles that receive superior or excellent ratings.
 - Certificates for superior or excellent ratings at Large Choir, Madrigal or Solo & Ensemble Festivals will be presented to each participant.
 - Trophies will be awarded to teams that obtain superior or excellent ratings.
 - Choir Festivals – certificates will be awarded to all participants of teams that receive superior or excellent ratings. Trophies will be awarded for groups receiving superior or excellent ratings.
4. The following Instrumental awards will be presented:
 - Marching Band Festival – certificates for all participating bands according to rating. Trophies will be presented for: Music Caption, Visual Caption, Percussion Caption, and Drum Major.
 - Solos & Ensemble Festival – certificates to soloists and ensembles that receive superior ratings.
 - Jazz Band Festival – certificates for bands that receive superior ratings.
 - Orchestra and Band Festivals – certificates for groups that receive superior ratings.
5. Schools will be allowed to submit 30 total entries to the Solo & Ensemble Festival. It is **strongly recommended** that an individual student not enter more than three solo and/or ensemble events. Schools may submit as many alternates as they want; however alternates will be scheduled on a space available basis.
6. At least three (3) judges will listen to all groups.
 - Large choirs will be limited to 15 minutes on and off the stage.
 - Large instrumental groups will be limited to 30 minutes on and off stage.
 - Groups that receive a minimum of two superior ratings will qualify for State Festivals.
 Schools will not be allowed to enter more than one (1) large group unless approved by the festival chair.
7. In order to qualify for State, entrants must observe two (2) other group performances at that festival.
8. Music directors are expected to be present for Solo & Ensemble performances of their school. Those who are absent may jeopardize student eligibility.

The host school's music director will hire the judges and arrange for their payment.

Instrumental Music Schedule

Wednesday, October 21, 2009

Region Marching Band Festival @ Bingham High School – 6:00 p.m.

Thursday, March 11, 2010

Region Jazz Band Festival @ Riverton High School – 4:00 p.m.

Wednesday, March 17, 2010

Region Instrumental Solo & Ensemble Festival @ West Jordan High School – 4:00 p.m.

Friday and Saturday, March 26-27, 2010

State Jazz Band Festival @ Murray High School – (time TBA)

Thursday, April 22, 2010

Region Concert Band Festival @ Kearns High School – 4:00 p.m.

Thursday, April 29, 2010

Region Orchestra Festival @ Riverton High School – 4:00 p.m.

Friday and Saturday, April 30-May 1, 2010

State Concert Band Festival – TBA

Friday and Saturday, May 14-15, 2010

State Orchestra Festival – TBA

Vocal Music Schedule

Tuesday, March 2, 2010

Region Vocal Solo & Ensemble Festival @ West Jordan High School – 3:00 p.m.

Tuesday, March 23, 2010

Region Madrigal Festival @ Taylorsville High School – 6:00 p.m.

Tuesday, April 13, 2010

Region Training Choir @ Bingham High School – 6:00 p.m.

Saturday, April 24, 2010

State Solo & Ensemble Festival @ Northridge High School – TBA

Tuesday, April 27, 2010

Region Large Choir Festival @ Riverton High School – 4:00 p.m.

Friday and Saturday, May 7-8, 2010

State Choir Festival - TBA

Soccer Policies

Region Activity Chairperson: Boys- TBA;

Girls – Curtis Hagen – Riverton

Coaches' Representative: Don Knapp, Kearns

1. All general policies in the Region III Activities Manual should be read and will apply to the sport of Soccer.
2. Each school has the option to play a maximum of 16 games for both Varsity and Junior Varsity as per instruction in the UHSAA Handbook. This total does not include playoff games.
3. Pre-season non-league games are to be scheduled as the schedule permits per UHSAA ruling if game limitation is changed.
4. Varsity and Junior Varsity games will be played on the same day, at the same site.
 - Varsity game time is 3:30 p.m.
 - Junior Varsity game time is 5:00 p.m. or immediately following the Varsity game.
 - There are to be no night games for Boys' or Girls' Soccer.
5. Changes in game time and/or site must be approved by the principals and coaches of both schools involved.
6. Host schools are responsible for notifying officials in advance of any change in the schedule.
7. Host school coaches will be responsible for calling the Varsity Team scores to the Deseret News (237-2162 after 4:00 p.m.) and the Tribune (257-8900 after 4:00 p.m.).
8. Shin guards are mandatory.
9. The uniform sportsmanship policy (adopted August 30, 2009, by the UHSAA).
 - Soccer will be administered according to the policy listed in the general policies.
 - Any coach, player or bench personnel ejected by an official for unsportsmanlike behavior will be suspended from the next regularly scheduled game at that level of play and any intervening levels of play. Any participant involved in a second
 - incident/ejection will be suspended for the next two (2) regularly scheduled games.
 - A third ejection will result in suspension for the remainder of that season.
 - The fighting rule is incorporated as part of the sportsmanship policy. Any bench personnel other than the head coach who leaves the confines of the bench area during a fight are disqualified from the game and must leave the field. A squad member or any team personnel who leaves the bench area during a fight or who participates in a
 - fight during the season, will be ejected from that game.
 - Fans must be seated 10 Feet from sideline- a painted white line must designate the fan seating area.
10. Home team must wear light jerseys and light socks; visiting team wears dark jerseys and dark socks.
11. Seating: The preferred seating arrangement is with both teams on one side of the field with fans seated on the opposite side of the field. When teams are seated on opposite sides of the field, fans must sit with their team on the appropriate sides.
12. Tie-Breaker: See Region Policy for all activities.
13. Each postponed game must be made up in the order of the postponement. During the first round of region play, a postponed game will be made up by "flip/flopping" the schedule and playing at the "visiting" team's field, if it is playable. If both fields are unplayable, the postponed game will be made up on the first available date as stated in how a game is made up in the second round. The visiting team will reverse the schedule for the second round. During the second round, a postponed game will be made up on the first available date at the "home" field, or at either field as agreed mutually by the coaches. When making a decision to stick to the "home fields" consideration needs

to be given to the visiting team's predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. if possible.

14. Of course, if there is a tie and a state berth is not at stake, we use the tie-breaker as already spelled out in rules and procedures.
15. If there is a tie and a berth is at stake, then the tied schools playoff. The teams play a full game. If there are three teams tied for a playoff spot, then two teams play determined by flip, then winner plays bye team. Winner goes. If three teams tie for two places, then the same format is used. However, the winner of the first game is in and the loser plays the bye team. All games are played on a neutral site.

Girls Soccer

Starting Date: Aug 3

First contest: Tuesday, August 11

Academic All-State: September 15

Wednesday, September 2

West Jordan @ Bingham
Taylorsville @ Riverton
Copper Hills @ Kearns

Friday, September 4

Riverton @ West Jordan
Taylorsville @ Copper Hills
Bingham @ Kearns

Wednesday, September 9

Bingham @ Taylorsville
West Jordan @ Kearns
Copper Hills @ Riverton

Friday, September 11

West Jordan @ Taylorsville
Kearns @ Riverton
Bingham @ Copper Hills

Wednesday, September 16

Riverton @ Bingham
Taylorsville @ Kearns
Copper Hills @ West Jordan

Friday, September 18

Bingham @ West Jordan
Riverton @ Taylorsville
Kearns @ Copper Hills

Tuesday, September 22

West Jordan @ Riverton
Copper Hills @ Taylorsville
Kearns @ Bingham

Thursday, September 24

Taylorsville @ Bingham
Kearns @ West Jordan
Riverton @ Copper Hills

Wednesday, September 30

Taylorsville @ West Jordan
Riverton @ Kearns
Copper Hills @ Bingham

Wednesday, October 7

Bingham @ Riverton
Kearns @ Taylorsville
West Jordan @ Copper Hills

1st Round Playoffs: October 13

State Quarterfinals: October 15

State Semi-finals: October 22

State Finals: October 24

Boys Soccer

Starting Date: March 1, 2010
 First contest: March 8, 2010
 Academic All-State: April 20, 2010

Wednesday, March 31

West Jordan @ Bingham
 Taylorsville @ Riverton
 Copper Hills @ Kearns

Wednesday, April 7

Riverton @ West Jordan
 Taylorsville @ Copper Hills
 Bingham @ Kearns

Wednesday, April 9

Bingham @ Taylorsville
 West Jordan @ Kearns
 Copper Hills @ Riverton

Wednesday, April 14

West Jordan @ Taylorsville
 Kearns @ Riverton
 Bingham @ Copper Hills

Friday, April 16

Riverton @ Bingham
 Taylorsville @ Kearns
 Copper Hills @ West Jordan

Wednesday, April 21

Bingham @ West Jordan
 Riverton @ Taylorsville
 Kearns @ Copper Hills

Friday, April 23

West Jordan @ Riverton
 Copper Hills @ Taylorsville
 Kearns @ Bingham

Wednesday, April 28

Taylorsville @ Bingham
 Kearns @ West Jordan
 Riverton @ Copper Hills

Friday, April 30

Taylorsville @ West Jordan
 Riverton @ Kearns
 Copper Hills @ Bingham

Wednesday, May 5

Bingham @ Riverton
 Kearns @ Taylorsville
 West Jordan @ Copper Hills

1st Round Playoffs: May 11
 State Quarterfinals: May 14
 State Semi-finals: May 18
 State Finals: May 20

Softball Policies

Region Activity Chairperson: Camilla Dean, Taylorsville High School – 385-646-5455

Coaches' Representative: Emily Cederholm, Riverton

1. Monday, March 1, 2010, shall be the first day for team selection and/or team practice.
2. Monday, March 8, 2010, will be the first date for softball games.
3. No team may play more than twenty-two (22) games during the entire season.
4. All region **varsity** games shall begin at 3:30 pm.
 - a. Games will be a full seven (7) innings.
 - b. If the score is tied at the end of seven (7) innings, the international tiebreaker rule will be in effect.
 - c. The 10-run rule will be in effect after the fifth inning.
 - d. The 15-run rule will be in effect after the third inning.
5. All **junior varsity** games will immediately follow varsity games (same day/same site).
 - a. A team may only score six (6) runs an inning in a JV game.
 - b. Rules for junior varsity play will be agreed upon by the region in order to provide a developmental atmosphere and to accommodate facility use conflicts.
 - c. There is a 1.5 hour time limit
6. The visiting team will take the field at 3:00 pm; the home team will take the infield at 3:15 pm.
7. The home team will be responsible for:
 - a. Providing an official scorekeeper (a responsible adult)
 - b. Providing two (2) new game balls (same ball as used in State)
 - c. Paying the officials
 - d. Field management
 - e. Calling the media with game results
8. Postponed games will follow the UHSAA suspended game procedures.
 - a. The home team will call their opponent and the officials by 12:00 noon.
 - b. Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principals.
 - c. Priority should be given to region games.
 - d. In the first round of region play, the postponed game may be "flip-flopped" to the visiting field if it is deemed playable. The second round field will be reversed.
 - e. In the second round of region play, the game will be made up on the first available date at home field.
9. Teams agree to accept all National Federation Rules.
10. In the event of a tie in the standings, the region tie breaker rule will be in effect.
11. Video taping of games is by **playing** teams only.
12. One region trophy will be awarded to the first place team.
13. Coaches will nominate **senior players** with a **cumulative** 3.85 GPA for Academic All Region.
14. Coaches meeting to select region teams will be held on Monday, May 10, 2010, at 6:30 pm.

Region III Softball

Region Activity Chairperson: Camilla Dean, Taylorsville High School – 385-646-5455

Coaches' Representative: Emily "Ceder" Bateman, Riverton

Bingham

Mikki Jackson
801-205-6362, no text
utahjacksons@msn.com

Copper Hills

Shane Lucas
801-647-6464
Shane.lucas@jordan.k12.ut.us
coachshane@gmail.com

Kearns

Stephen Lilly
801-647-3306
sjlilly@graniteschools.org

Riverton

Emily Bateman "Ceder"
801-864-4747
Emily.cederholm@jordan.k12.ut.us

Taylorsville

Rich Kaelin
801-792-7557
rkaelin@graniteschools.org
Margo Jones 801-884-2789, no text
mjones@graniteschools.org

West Jordan

Kody Byrd
801-554-9663
Kody.byrd@jordan.k12.ut.us

Softball Schedule

Tuesday, March 30

West Jordan @ Riverton
 Bingham @ Kearns
 Copper Hills @ Taylorsville

Thursday, April 8

Bingham @ West Jordan
 Riverton @ Copper Hills
 Kearns @ Taylorsville

Tuesday, April 13

Copper Hills @ West Jordan
 Riverton @ Kearns
 Taylorsville @ Bingham

Thursday, April 15

West Jordan @ Kearns
 Taylorsville @ Riverton
 Copper Hills @ Bingham

Tuesday, April 20

West Jordan @ Taylorsville
 Bingham @ Riverton
 Kearns @ Copper Hills

Thursday, April 22

Riverton @ West Jordan
 Kearns @ Bingham
 Taylorsville @Kearns

Tuesday, April 27

West Jordan @ Bingham
 Copper Hills @ Riverton
 Taylorsville @ Kearns

Thursday, April 29

West Jordan @ Copper Hills
 Kearns @ Riverton
 Bingham @ Taylorsville

Tuesday, May 4

Kearns @ West Jordan
 Riverton @ Taylorsville
 Bingham @ Copper Hills

Thursday, May6

Taylorsville @ West Jordan
 Riverton @ Bingham
 Copper Hills @ Kearns

May 11 and 13: InterRegion @ home sites – 4:00 pm
 May 18-20: State Championships @ Valley Complex

Region III Swimming Policies

Region Activity Chairperson: Brad Sorensen

Riverton High School – 801-256-5818 (Phone) – 801-256-5880 (Fax)

Coaches' Representative: Chris Horne, Kearns High School

1. Monday, September 21 will be the first day of practice/team selection and Thursday, October 15 will be the first date a swimming meet may be held.
2. A maximum of fourteen (14) meets will be held which includes state qualifying meets. All region meets will begin at 3:30 pm. The region relay meet will count as a state qualifying meet.
3. The Region Championship will be held on Saturday, January 30 or Wednesday, February 3 at the Fairmont Recreation Center beginning at TBD.
4. The State Championship Meet will be held at South Davis Recreation Center on February 13-14, 2010.
5. Each team in the region shall have a current version of Hy-Tek meet manager and team manager swimming software. Home team will be in the odd lanes, visiting team in the even lanes.
6. Each school's entries for the Region Championship will be limited to all official entries in each individual event and one (1) entry in each relay event. All entry times must be the best time from meets during the current season. NT's will not be accepted as entry times.
 - All swimmers must meet eligibility requirements as per National Federation Rules.
 - The top four swimmers from each school will be used to score towards the Region Championship.
 - Each school must submit their region entries as well as their Academic All-Region names (Seniors only, 3.75 or higher) at our Region Seeding Meeting. The meeting will be held on Thursday, January 28 at 6:30 pm at a place to be determined.
 - The scoring format will be 12 places; 1 Region Trophy, 6 individual event medals, and 2 relay team medals.
 - Awards will be passed out during breaks of the meet.
7. All hosting schools of dual meets will have the following:

	Dual Meets	Region Championship
Starter	\$40.00	\$60.00
Referee	\$40.00	\$60.00
Stroke Judge	\$30.00	\$30.00 (4)
Head Timer/Runner	\$30.00	\$40.00
Announcer	\$30.00	
Hospitality Coordinator	\$30.00	
Meet Director	\$150.00	
8. Dual meet scheduling will be rotated forward and will alternate home and away meets.
9. The Region Relay Meet will be held at Kearns High School on Thursday, October 29, beginning at 3:30 pm.
10. Academic All-Region Names (Seniors only, 3.75 Overall GPA or higher) must be submitted on Thursday January 29th at our seeding meeting.

Swimming Schedule

All Meets start at 3:30 p.m.

Thursday, October 29

Region Relay Meet @ Kearns High

Thursday, November 12

Bingham @ Riverton
Kearns @ West Jordan
Taylorsville @ Copper Hills

Thursday, November 19

Taylorsville @ Bingham
West Jordan @ Riverton
Kearns @ Copper Hills

Thursday, December 3

Bingham @ Kearns
Riverton @ Taylorsville
Copper Hills @ West Jordan

Thursday, December 10

Taylorsville @ Kearns
Riverton @ Copper Hills
Bingham @ West Jordan

Thursday, January 14

Kearns @ Riverton
West Jordan @ Taylorsville
Copper Hills @ Bingham

Saturday, January 30 or Wednesday, February 3

Region Championship Meet @ Fairmont Recreation Center
TBA

Friday & Saturday February 13-14

State 5A Championship @ South Davis Recreation Center

Tennis Policies

Region Activity Chairpersons: Girls—Mike Hughes, Copper Hills – 801-256-5300
Boys—TBA

Coaches' Representative: Dave Davis, Bingham

1. Schools may have Varsity and J.V. level teams.
2. Teams will consist of seven (7) players: three (3) singles players and two (2) doubles teams.
3. A maximum of 14 matches may be played plus Region and State Meets.
4. League matches are scheduled to begin by 3:30 p.m.
5. Matches are to be played on the date scheduled (subject to weather and court conditions). The host coach will be responsible to contact the visiting coach regarding the number of players for that day, court location, and/or cancellation and rescheduling plans by 12:00 p.m.
6. Matches and court conduct are to be governed by USTA rules.
7. Varsity matches will consist of two (2) out of three (3) sets with a 12 point tie break at 6-6. J.V. players will play a pro-set unless coaches agree to regular scoring before the match begins.
8. Home team furnishes the balls (high altitude).
9. Players are limited to a 10 minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
10. Coaches will play their best players in rank order in singles and the doubles should be in order, ranked as a team.
11. A coach may move players from singles to doubles or from doubles to singles. However, the players must be ranked according to ability in either position.
12. To qualify for the Region and State Tournaments, players will follow the state tennis rules.
13. The Team Championship will be determined as follows:
 - a. One (1) point for each Region Dual Meet match, with a total of five (5) points possible per match.
 - b. By the finish of each player in Region Tournament; i.e., five (5) points for 1st; three (3) points for 2nd; two (2) points for 3rd; and one (1) point for 4th.
14. The Region will furnish the tennis balls for the Region Meet.
15. The format for the Region Tournament will be determined by the coaches upon notification as to how many players from Region III will be entered in the State Meet.
16. A player will not be required to play an opponent more than once in the Region Meet.
17. Coaching will be allowed on changeovers during the allotted time and between sets for three minutes.
18. Players may leave the court to go to the restroom.

Girls Tennis Schedule

Start Date: Monday, August 4, 2009
 First contest: Monday, August 14, 2009
 Academic All State: September 9, 2009

Tuesday, August 25

West Jordan @ Riverton
 Taylorsville @ Bingham
 Copper Hills @ Kearns

Thursday, August 27

Riverton @ Copper Hills
 Bingham @ Kearns
 Taylorsville @ West Jordan

Tuesday, September 1

Riverton @ Bingham
 Taylorsville @ Kearns
 West Jordan @ Copper Hills

Thursday, September 3

Bingham @ West Jordan
 Kearns @ Riverton
 Copper Hills @ Taylorsville

Tuesday, September 8

Taylorsville @ Riverton
 Kearns @ West Jordan
 Bingham @ Copper Hills

Thursday, September 10

Riverton @ West Jordan
 Bingham @ Taylorsville
 Kearns @ Copper Hills

Tuesday, September 15

Copper Hills @ Riverton
 Kearns @ Bingham
 West Jordan @ Taylorsville

Thursday, September 17

Bingham @ Riverton
 Kearns @ Taylorsville
 Copper Hills @ West Jordan

Tuesday, September 22

West Jordan @ Bingham
 Riverton @ Kearns
 Taylorsville @ Copper Hills

Thursday, September 24

Riverton @ Taylorsville
 West Jordan @ Kearns
 Copper Hills @ Bingham

Region Tournament

Tuesday and Wednesday, September 29-30 (Kearns Oquirrh Park)

State Tennis Tournament

Thursday-Saturday, October 8-10 (Liberty Park)

Boys Tennis Schedule

Tuesday, March 23

West Jordan @ Riverton
Taylorsville @ Bingham
Copper Hills @ Kearns

Thursday, March 25

Riverton @ Copper Hills
Bingham @ Kearns
Taylorsville @ West Jordan

Monday, March 29

Riverton @ Bingham
Taylorsville @ Kearns
West Jordan @ Copper Hills

Tuesday, March 30

Bingham @ West Jordan
Kearns @ Riverton
Copper Hills @ Taylorsville

Tuesday, April 6

Taylorsville @ Riverton
Kearns @ West Jordan
Bingham @ Copper Hills

Thursday, April 8

Riverton @ West Jordan
Bingham @ Taylorsville
Kearns @ Copper Hills

Tuesday, April 13

Copper Hills @ Riverton
Kearns @ Bingham
West Jordan @ Taylorsville

Thursday, April 15

Bingham @ Riverton
Kearns @ Taylorsville
Copper Hills @ West Jordan

Tuesday, April 20

West Jordan @ Bingham
Riverton @ Kearns
Taylorsville @ Copper Hills

Thursday, April 22

Riverton @ Taylorsville
West Jordan @ Kearns
Copper Hills @ Bingham

Region Tournament

Wednesday and Thursday, April 28-29 (Kearns Oquirrh Park)

State Tennis Tournament

Friday and Saturday, May 7-8 (Liberty Park)

Track and Field Policies

REGION ACTIVITY CHAIRS: TBA

Coaches Representative: TBA

1. Athletes may participate in no more than 12 meets, not including Region and State as per UHSAA Rules. 6 of those meets may be State Qualifiers. There is NO starting date for practice.
2. Track meets for boys and girls are to be conducted concurrently.
3. The first meet may be held no earlier than March 8, 2010
4. Track meets will start at 3:30 pm with the exception of the Region Meet, which may begin at 3:00 pm (field) and 3:30 pm (track). The Region JV (Soph) Meet will start at 3:00 pm
5. Host schools must have at least 4 paid officials at the combined boys' and girls' track meets paid for by the host school.
6. The Region will provide the following awards:
 - a. Region JV Meet certificates for the first six places in individual events and first place in relays.
 - b. Region Championship Meets: Trophy for first place boys' team and first place girls' team; medals for first six places in individual events and first four places in relays.
 - c. The top 6 places will be scored in the Region Meet for individuals and top 5 for relay events. Individual scoring is 10, 8, 6, 4, 2, 1. Scoring for relays is 10, 8, 6, 4, 2.
 - d. Each school is allowed 5 competitors per event in the Region Championship Meet and one relay team.
7. Responsibility of deciding whether a meet should be cancelled (or postponed) due to weather rests with the host school. However, input from other participating schools should be obtained whenever possible. The final decision rests with the host school's principal. Schools who must cancel meets because of weather will not be required to reschedule them, however, they should make an effort to do so if possible.
8. The Region JV meet is only for those athletes not scoring in the Region Meet.
9. It is the responsibility of each coach to submit the names of seniors with a 3.75 or above cumulative GPA at the seeding meeting for academic certificates.
10. The top 3 participants (designated 'varsity' scorers) in lane races and all distance competitors (800m and above) will be required to be 'stickered' with regular file-folder labels at each meet in the Region including the Region Championship meet. Stickers are to be provided by each school's coaching staff.
11. Visiting schools should provide one responsible helper at the finish line for away meets.
12. In the Region Meet all athletes must be in uniform according to NFHS rules. Exceptions to this due to extraordinary circumstances must be approved in advance by the Region Chair.

13. A maximum budget of \$300 will be paid by the Region for the funding of the Region JV Meet. This is to pay for awards and a starter and head finish judge. Each school will be required to bring 2 adults and 2 student-athletes to help run the meet. School assignments will be the same as the Region Meet. The 2010 JV Meet will be held on May 12th. Schools should arrive with the pertinent section of the rulebook in hand to run their event. Clipboards and event sheets will be provided by the host school and officials will bring their own tapes and field markers. These assignments will remain standard from year to year.

Field Event Assignments:

Bingham	Pole Vault & Javelin
Copper Hills	Relay Exchanges & Hurdles
Riverton	Shot Put
West Jordan	Discus
Kearns	Long Jump
Taylorsville	High Jump

14. It is recommended that the site school for the Region Championships represent the best and fastest facility within the Region. Taylorsville High has been recommended and their staff has agreed to host yearly. The Region JV rotation will be alphabetical:

Region JV Championships

2010 Bingham
 2011 Copper Hills
 2012 (Herriman)
 2013 Kearns

15. NFHS Rules will govern the Region Meet.
16. Region entries become finalized at the close of the Region Seeding Meeting.
17. Academic All-State deadline date (to UHSAA) is April 27

Track and Field Schedule

Wednesday, March 24

Granite District Meet @ Kearns

Tuesday, March 30

Riverton & Copper Hills @ Taylorsville
West Jordan & Kearns @ Bingham

Wednesday, April 7

Make-Up Day or Inter-Region Meets

Wednesday, April 14

Bingham & Kearns @ Riverton
Taylorsville & Copper Hills @ West
Jordan

Wednesday, April 21

Bingham @ Copper Hills
Taylorsville @ Kearns
West Jordan @ Riverton

Wednesday, April 28

Make-Up Day or Inter-Region Meets

Wednesday, May 5

Region III Championships @ Taylorsville

Thursday, May 6

Region III Championships @ Taylorsville

Tuesday, May 11

Region JV Championships @ Kearns

Friday, May 14

State Championships @ BYU

Saturday, May 15

State Championships @ BYU

Volleyball Policies

Region Activity Chairperson: Rod Horton, Taylorsville – 385-646-5455

Coaches' Representative: Trudy Pecorelli, Riverton High – 801-256-5800

1. Rally scoring will be in effect this year and must follow National Federation rules. All varsity matches will be best three (3) out of five (5) games. Games 1-4 shall be played to 25 points (no cap), the fifth and deciding game shall be played to 15 points (no cap).
 - a. Sub-varsity matches: games 1 & 2 are to 25 points with games 3, 4, & 5 played to 15 points
 - b. Sub-Varsity: games 1 & 2 are capped at 27, games 3, 4 & 5 are capped at 17.
 - c. Each team will be allowed two (2) timeouts per game.
 - d. Let serve shall be allowed
2. Region Play will begin on September 10, 2009. All matches will be played on either Tuesdays or Thursdays, with the exception of Friday, October 23. Game times will be sophomores at 3:30 pm, J.V at 4:45 pm and varsity at 6:00 pm
3. Seeding for the State Tournament will be determined by the standing in region play.
4. The contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days.
5. Seniors will not be allowed to play Junior Varsity unless by prior discussion with the Head Coaches a day in advance.
6. Court: courts will be available thirty (30) minutes prior to game time.
7. Net time will be four (4) minutes for home team, four (4) minutes for visiting team and two (2) minutes shared serving.
8. Senior Night recognition will be kept to a **10 minute maximum**.
9. Academic All-State Nomination Deadline is October 6, 2009.

Dates to Remember:

Starting Date for Tryouts: Monday, August 10, 2009

First Volleyball Match: Tuesday, August 18, 2009

First Region Match: Thursday, September 10, 2009

All- Region Team Selection: Tuesday, November 3 - 6:00 pm @ Chili's (Jordan Landing)

State Tournament: November 6-7 at UVSC

Volleyball Schedule

Thursday September 10

Copper Hills @ Taylorsville
Kearns @ Riverton
West Jordan @ Bingham

Tuesday September 15

Riverton @ Copper Hills
Kearns @ West Jordan
Taylorsville @ Bingham

Tuesday, September 29

Taylorsville @ Kearns
Riverton @ West Jordan
Copper Hills @ Bingham

Tuesday October 6

West Jordan @ Copper Hills
Riverton @ Taylorsville
Bingham @ Kearns

Thursday, October 8

West Jordan @ Taylorsville
Bingham @ Riverton
Copper Hills @ Kearns

Thursday October 13

Taylorsville @ Copper Hills
Riverton @ Kearns
Bingham @ West Jordan

Thursday, October 15

Copper Hills @ Riverton
West Jordan @ Kearns
Bingham @ Taylorsville

Tuesday, October 20

Kearns @ Taylorsville
West Jordan @ Riverton
Bingham @ Copper Hills

Tuesday, October 27

Copper Hills @ West Jordan
Taylorsville @ Riverton
Kearns @ Bingham

Thursday October 29

Taylorsville @ West Jordan
Riverton @ Bingham
Kearns @ Copper Hills

Region III Wrestling Guidelines

Region Activity Chairperson: James Birch & Mike Kochevar, West Jordan – 801-256-5600
Coaches' Representative: Dave VandeVeegaete - Taylorsville

1. The starting date for wrestling practice is November 9, 2009.
2. The first wrestling match of the year cannot be held prior to November 24, 2009.
3. Starting times for Region III matches will be as follows
 - a. Weigh-ins: 4:00 p.m.
 - b. JV matches: 5:30 p.m.
 - c. Varsity matches: 7:00 p.m.

The gym must be cleared of all other activities by 4:15 p.m. so it can be setup for dual matches. A change in starting time will require mutual agreement between the principals of the two schools involved. Changes in date of activities require the approval of the Region III Board of Managers. Host schools are responsible to notify the arbiter of any time or date changes.
4. There is to be no weight allowance given unless there are back-to-back dual meets. A coach must contact the opposing coach 24 hours in advance if this situation occurs.
5. To meet National Federation and State guidelines, a wrestler must certify at a specific weight class prior to his first wrestling match. Please refer to the UHSAA website for complete information on wrestler weight certification.
6. Platform scales must be certified (by a government agency) by November 20, 2009.
7. Coaches will exchange line-ups by **email or fax**, by 10:00 a.m. to the opposing schools the day of the match; the line-up should include Varsity, JV and Extras. Exception: Weigh-in at home for Region Open JV tournament.
8. The State arbiter for varsity, JV, will assign the officials for all Region and non-Region matches and sophomore meets. All officials must be certified.
9. A maximum of 24 encounters will be allowed plus Region and State Meets. All tournaments will be counted as three encounters. Dual meets count as one encounter.
10. Any school with a wrestler who is unable to compete in the State Meet must notify the Region Chairperson immediately and the replacement wrestler's coach. The Region Fifth place wrestler should be available to fill in a possible bye in the tournament bracket at the State Tournament.

REGION VARSITY TOURNAMENT

- A. Each school may enter two wrestlers per weight division.
- B. Wrestlers will be seeded into the tournament by criteria; attempts will be made to seed six.
- C. All rounds will be scored in the tournament
- D. Weigh-ins will be conducted as per state guidelines.
- E. The seeding meeting will be under the direction of the host school with the head coach and Region Chair doing the pre-seeding. Byes will be assigned beginning with the first seed and moving down to subsequent seeds.
- F. Each coach will be required to bring to the Region Open Tournament a list of each wrestler's win/loss record with each opponent's name and school by 1:00 p.m. This should include all Region duals highlighted with the weight in which the wrestler competed.
- G. Wrestlers may not change weight class after the seeding meeting without a coach's vote.
- H. Double bonus points will be awarded to wrestlers who received byes and then win their subsequent match in the championship round only. Advancement points will be awarded to winners in the championship bracket with previous round byes.
- I. Fifth and Sixth place will be wrestled and scored. Awards presented and provided by Region Host School
 - 1. An outstanding Coach
 - 2. Dual Meet Championship Award
- J. Awards presented and provided by Region III
 - 1. Region Tournament Trophy and medals first–sixth place
 - 2. Outstanding Wrestler, Upper and Lower
- K. Tournament times will be set by host school
- L. The following criteria will be used for seeding wrestlers in Region III Wrestling Tournament:
 - 1. Agreement among coaches who is the best wrestler (4-2 vote)
 - 2. Head-to-Head record in Region III Dual Meet competition
 - a wrestler has a winning record over opponent, this will supersede the Region III dual meet win (2 out 3 rule).
 - 3. Head-to-Head record in any competition.
 - 4. Region wins at the same weight.
 - 5. Common opponents
 - 6. Region wins
 - 7. Previous State finish in order of finish (same weight)
 - 8. Previous Region finish in order of finish (same weight)
 - 9. Previous State finish in order of finish (different weight)
 - 10. Previous Region finish in order of finish (different weight)
 - 11. Coin toss
 - 12. In case of a three or four way tie, once the first place wrestler has been determined; seeding of subsequent places (2nd, 3rd, 4th) will be determined by starting at criteria number one.

Region Open Tournament

- A. This Tournament is **not** limited to sixteen entries
- B. Reminder; this tournament will count towards the 24 encounter limit
- C. Eligible wrestlers:
 - 1. A Wrestler with no Region varsity wins, excluding forfeits, may compete.
 - 2. A Wrestler with a Varsity Region win may compete in **one** tournament: Region Open or Region Varsity Tournament; Forfeits not included.
 - 3. Freshman, sophomores, juniors and seniors are eligible
- D. No team points will be scored.

Wrestling Schedule 2010-2010

Season Begins: November 9
First Match: November 24
Weigh-in: 4:00 at home school
Matches Begin: JV 5:30 pm - Varsity 7:00 pm

Wednesday, December 16

Taylorsville @ West Jordan

Thursday, December 17

Riverton @ Bingham
 Kearns @ Copper Hills

Thursday, January 7

West Jordan @ Bingham
 Copper Hills @ Riverton
 Taylorsville @ Kearns

Wednesday, January 13

Copper Hills @ West Jordan

Thursday, January 14

Riverton @ Kearns
 Bingham @ Taylorsville

Thursday, January 21

Riverton @ Taylorsville
 Bingham @ Copper Hills
 Kearns @ West Jordadn

Thursday, January 28

Bingham @ Kearns
 Copper Hills @ Taylorsville
 West Jordan @ Riverton

JV Region III Tournament

Saturday, January 30, 2010, at Riverton High School

Varsity Region III Tournament

Wednesday and Thursday, February 3-4, 2010, at Bingham High School

State 5A Tournament

Wednesday thru Saturday, February 10-13, 2010, at BYU

Region III Tournament

2010 Bingham
 2011 Riverton
 2012 Kearns
 2013 West Jordan
 2014 Future Herriman

JV Region III

2010 Riverton
 2011 Kearns
 2012 West Jordan
 2013 Taylorsville
 2014 Future Herriman
 2015 Copper Hills

Medals

One region Trophy, 84 Varsity Medals, 1st – 6th Place

Jordan School District 2009-10 Traditional School Year Calendar

Orientation Meetings for Teachers New to the District August 18-19, 2009
 Official School Year Begins..... August 21, 2009
 *All Teachers at Local Schools Friday, Monday, Tuesday, August 21, 24-25, 2009
Beginning of Class Work for Students Wednesday, Aug. 26, 2009
Kindergarten Classwork Begins..... Thursday, Sept. 3, 2009
Close of Class Work for Students..... Thursday, June 3, 2010
 *Check-out Day for Teachers..... Friday, June 4, 2010
 Official School Year Ends..... Friday, June 4, 2010

HOLIDAYS AND OTHER DAYS SCHOOL WILL BE CLOSED

Labor Day Recess.....Monday, Sept. 17 2009
 **Compensatory Recess for Secondary Parent-Teacher Conferences Friday, Sept. 25, 2009
 High School and Middle School Conferences (see schedule below)
 Fall Recess Thursday and Friday, Oct. 1-2, 2009
 Teacher Professional Development Day.....Friday, Oct. 30, 2009
 **Compensatory Recess for Elementary Parent-Teacher ConferencesFriday, Nov. 6, 2009
 Elementary Conferences (see schedule below)
 Thanksgiving Recess..... Thursday and Friday, Nov. 22-27, 2009
 Winter Recess..... Close at end of day Tuesday, Dec. 22, 2009
 School resumes Monday, Jan. 4, 2010
 Dr. Martin Luther King Jr. Day Recess Monday, Jan. 18, 2010
 Teacher Professional Development DayTuesday, Jan. 19, 2010
 Washington and Lincoln Day Recess Monday, Feb. 15, 2010
 **Compensatory Recess for Secondary Parent-Teacher Conferences Friday, Feb. 26, 2010
 High School and Middle School Conferences (see schedule below)
 Teacher Professional Development Day-Elementary..... Friday, Feb. 26, 2010
 **Compensatory Recess for Elementary Parent-Teacher ConferencesFriday, March 5, 2010
 Elementary Conferences (see schedule below)
 Teacher Professional Development Day – Secondary Friday, March 26, 2010
 Spring Recess Thursday, Friday and Monday, April 1-5, 2010
 Memorial Day Recess..... Monday, May 31, 2010
 Graduations:
 Bingham, Copper Hills, Riverton, South Valley, Valley, West Jordan.....Tuesday, June 2, 2010

FALL PARENT-TEACHER CONFERENCE SCHEDULE

High School Tuesday and Wednesday, Sept. 22-23, 2009
 Middle School Wednesday and Thursday, Sept. 23-24, 2009
 Elementary..... Wednesday and Thursday, Nov. 4-5, 2009

SPRING PARENT-TEACHER CONFERENCE SCHEDULE

Middle School Tuesday and Wednesday, February 23-24, 2010
 High School Wednesday and Thursday, February 24-25, 2010
 Elementary..... Wednesday and Thursday, March 3-4, 2010

END OF QUARTERS

1 st Qtr	Thursday, Oct. 29, 2009 — 44 Days	2 nd Qtr	Friday, Jan. 15, 2010 — 45 Days
3 rd Qtr	Thursday, March 25, 2010 — 46 Days	4 th Qtr	Friday, June 3, 2010 — 45 Days

* 184 Contract Days

** Counted as Days in School

Emergency closures in traditional schools will be made up first on Washington and Lincoln Day and then Spring Recess.

Granite School District 2009-10 Secondary School Year Calendar

Orientation meeting for teachers new to the district	TBA
All teachers at local schools (1½ contract days)	Wednesday & Thursday, August 19-20, 2009
Opening Faculty Meeting/Contract Professional Day*	½ day
End of Term days for grading and planning (contract days)	1½ days
School Begins	Monday, August 24, 2009
School Ends.....	Friday, June 4, 2010
Senior High School Graduation Ceremonies	Thursday & Friday, June 3-4, 2010

Holidays and Other Days School is Closed for Student Attendance

Labor Day	Monday, September 7, 2009
Compensatory Day for Parent/Teacher Conferences..... (see schedule below)	Friday, September 25, 2009
Fall Recess	Thursday & Friday, October 1-2, 2009
Contract Professional Development* (Student Recess Day)	Monday, October 5, 2009
End of Term (Student Recess Day)	Friday, October 30, 2009
Contract Professional Development* (Student Recess Day)	Friday, November 20, 2009
Thanksgiving Recess.....	Wednesday, Thursday, Friday, November 25-27, 2009
Winter Recess.....	Monday, December 21, 2009, through Friday, January 1 2010 (Begins at the close of school Friday, December 18, 2009, and reconvenes Tuesday, January 4, 2010)
End of Term (Student Recess Day)	Friday, January 15, 2010
Dr. Martin Luther King, Jr. Day	Monday, January 18, 2010
Washington & Lincoln Day	Monday, February 15, 2010
Compensatory Day Parent/Teacher Conferences (see schedule below)	Friday, March 5, 2010
End of Term (Student Recess Day)	Friday, March 31, 2010
Spring Recess.....	Thursday & Friday, April 1-2, 2010
No School (Unless needed for Make-Up Day)	Monday, April 5, 2010
Memorial Day	Monday, May 31, 2010

Junior High School Conference Schedule

Fall Conference	Wednesday & Thursday, September 23-24, 2009
Spring Conference.....	Tuesday & Wednesday, March 2-3, 2010**

High School Conference Schedule

Fall Conference	Tuesday & Wednesday, September 22-23, 2009
Spring Conference.....	Wednesday & Thursday, March 3-4, 2010**

Beginning and Ending of Terms

1 st Term: Monday, August 25 2009 through Thursday, October 29, 2009.....	45 days
2 nd Term: Monday, November 2, 2009 through Thursday, January 14, 2010.....	40 days
3 rd Term: Tuesday, January 19, 2010 through Thursday, March 30, 2010	50 days
4 th Term: Tuesday, April 6, 2010 through Friday, June 4, 2010	43 days

School Calendar Summary

Total School Days.....	178 days
Additional Teacher contract Days	3 days
Total Professional Development Days.....	2 days

* Two Contract Professional Development Days will be scheduled by individual teachers with principal approval; one day will be scheduled by the principal (½ day used for opening faculty meeting).

**School Community Council Voting.